

# SFU Psychotherapy Research Summer School 2010

## – Faculty description –

### **Prof. Chris Evans**

*University of Nottingham – UK*

Chris Evans is Professor of Psychotherapy in Nottingham and author of over 150 publications. He is a medical psychotherapist who came to psychiatry in 1984 aiming to go to public health medicine and immediately fell in love with psychotherapy, psychotherapy research and, soon after, the Society for Psychotherapy Research. He is trained in individual analytic/dynamic therapy (Royal College of Psychiatrists), Group Analysis (IGA) and family/systemic therapy (Prudence Skynner Clinic/Tavistock). His research interests have been more quantitative than qualitative but have included some qualitative work and hybrid methods including use of personal questionnaires (PSYCHLOPS) and repertory grids. He is a co-author of the CORE-OM and CORE system, lead for translations and trustee of the CORE System Trust.

### **Prof. Jorg Frommer**

*University of Magdeburg – Germany*

Jörg Frommer, MD, MA, Psychiatrist, Psychoanalyst, Professor for Psychosomatic Medicine, Head of the Department of Psychosomatic Medicine and Psychotherapy, Medical Faculty and Clinic Centre, Otto-von-Guericke-University Magdeburg. Current research projects: Methodology and methods of psychotherapy and counselling research, qualitative research, psycho-oncology, transplantation medicine, tinnitus.

### **Dr. Kathrin Mörtl**

*York University, Toronto – Canada*

Dr. Kathrin Mörtl is a post-doc research assistant (granted by the German Research Council DFG) at York University in Toronto. Her expertise includes the application of qualitative text analysis strategies in psychotherapy research, such as Grounded Theory, Qualitative Content Analysis and Conversational Analysis. One of her main interests is to describe mechanisms of change and modeling psychotherapy processes, momentarily focused on people who suffer from depression.

**Prof. Thomas Schröder**

*University of Nottingham – UK*

Thomas Schröder was born and raised in Germany. He obtained his Vordiplom in Psychologie at Hamburg University and stayed on for postgraduate studies at the Clinical / Diagnostic Institute. Having won a scholarship to the London School of Economics, he subsequently trained as a Clinical Psychologist in the UK, where he now lives. He studied psychodynamic psychotherapy at the Tavistock Clinic in London and gained an MSc in Psychotherapy and a PhD in Psychology at Warwick University. Having worked as a psychotherapist in the British National Health Service for 30 years, he currently leads a doctoral training programme for clinical psychologists at the University of Nottingham. His clinical interests include couple and group therapy and his main research interest is in therapist development, especially in difficulties in therapeutic practice. He is a trustee of the Compassionate Mind Foundation <[www.compassionatemind.co.uk](http://www.compassionatemind.co.uk)> and current UK chapter president of the Society for Psychotherapy Research <[www.psychotherapyresearch.org](http://www.psychotherapyresearch.org)>.

**Prof. Anastassio Stalikas**

*Panteion University of Social Political Sciences, Athens – Greece*

Dr Anastassios Stalikas, professor and clinical psychologist, earned his BA in Psychology from Concordia University (Montreal, Canada) and his Doctoral degree from the University of Ottawa (Ottawa, Canada). He was assistant and associate professor in the Department of Educational and Counselling Psychology at McGill University and Director of the McGill Psycho-educational Clinic. Currently he is in the Psychology Department of Panteion University of Social Political Sciences in Athens, Greece. His clinical, teaching, and research interests are in the areas of construction of psychometric tools, the study and evaluation of psychotherapeutic process, and the role of emotions in educational, clinical, and organizational contexts. He is particularly interested in the role of positive emotions. He is an existential-experiential psychotherapist who was trained and studied under the direction of Alvin Mahrer, one of the most prominent theorist, psychotherapy researcher and psychotherapist in North America. He has published more than 40 articles, 10 chapters, seven books, and is the Director of an ongoing research team ([www.positiveemotions.gr](http://www.positiveemotions.gr)). He is member of several Boards of Psychology Journals and has been the associate Editor of the Greek Psychology Journal, Psychologia, members of the Executive council of the Hellenic Psychological society, and co-coordinator of the Division of Clinical and Health Psychology of the Hellenic Psychological society.

**Dr. Omar Gelo**

*University of Salento, Lecce – Italy*

*Sigmund Freud University Vienna – Austria*

Dr. Omar Gelo is Assistant professor at University of Salento (Italy) and Assistant Professor and Co-coordinator of the Doctoral Program for foreign students at Sigmund Freud University, Vienna. His research interests in the field of psychotherapy research concern the epistemological and methodological foundations of psychotherapy, and the empirical investigation of the therapeutic process, with particular relevance of metaphorical language, emotional-cognitive regulation, and the application of dynamic systems theory to the study of psychotherapy. He is moreover interested in psychotherapy integration, the empirical study of therapeutic common factors, and in linking process and outcome in different psychotherapeutic orientations.

**Dr. Diana Braakmann**

*Sigmund Freud University Vienna – Austria*

Dr. Diana Braakmann is Assistant Professor of the Doctoral Programme at Sigmund Freud University, Vienna. She is Behaviour Therapist with a specific training in Dialectic Behaviour Therapy. Her psychotherapeutic work during the last years was concentrated on treating Borderline Personality Disorder and Posttraumatic Stress Disease. Her research interests focus on the phenomenon of dissociation as well as the connection between process and outcome variables in psychotherapy.