Guideline for supervision seminars from the 5th semester MOD IG
Case presentation

During supervision (individual and group supervision) in the 5th - 6th semester, therapy processes of at least 600 hours must be supervised.

As a guideline, at least one third of the required practice hours should be covered by long-term therapies (i.e. at least 30 WU/client) and a maximum of one third of the practice hours should be covered by short therapies (less than 10 WU/client).

Ultimately, the teaching supervisors decide on a case-by-case basis whether the distribution as a whole provides meaningful professional experience.

1. For the crediting of a supervision seminar the training participant must prove the continuous treatment/therapy of at least 2 patients, either in the context of an institution or in private practice.

2. Two different patients are to be presented to the two group trainers in the group for supervision.

3. When introducing a patient for the first time, a detailed anamnesis must be attached to the case report and presented in the group and, if applicable, the therapeutic process to date. In addition, the therapy sessions that have taken place in the meantime must be briefly described from one supervision seminar to the next.

4. The transcript of approx. 5 minutes of a difficult treatment episode must be presented for each supervision seminar. The tape/video should - as far as a recording was made - be brought to the seminar.

5. At the end of the transcript, questions should be asked which are of interest for supervision.

6. The audio/video recording must be made with the knowledge and with the consent of the patients and, if necessary, the institution/clinic management. It is used exclusively for training purposes and for quality assurance of treatment. Clients must also be informed about the fact that the psychotherapist in training under supervision makes use of individual or group supervision and, if necessary, uses this recording for supervision. All participants in the supervision group are subject to professional secrecy. The submitted documents must be
made anonymous (change names or use abbreviations only).

7. The supervision weekend can only be credited if a case report is submitted in good time in writing to the group trainer concerned, i.e. the documents must be submitted to the group trainer at the latest on Friday, one week before the date of the seminar.

8. If no transcript or written case report can be presented on a supervision weekend, this weekend will not be credited and will not be signed in the study log. Participation is nevertheless possible and is welcomed by the trainers. This weekend must be rescheduled to an alternative date in a parallel group upon submission of the written case presentation.

Further details are to be agreed with the respective group trainers.