

Himanshu Giri

Master's Degree (Magisterium) in Psychotherapy Science



PERSONAL DATA

Date of birth: 06.12.1990
Place of birth: Ropad, India
Nationality: Indian

LANGUAGES

English	●●●●●●●●●●
Hindi	●●●●●●●●●●
Punjabi	●●●●●●●●●●
Urdu	●●●●●●●●●●
German	●●●●●●●●●●

CONTACT

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himanshugiri@live.com

EDUCATION

2012 – 2015	Sigmund Freud University Vienna Psychotherapy science Mag. pth.
2008 – 2012	Sigmund Freud University Vienna Psychotherapy science BA. pth.
2008 – 2010	Sigmund Freud University Vienna Psychotherapeutisches Propädeutikum – basico training for psychotherapy in Austria
1996 – 2008	St. Joseph's Convent School in Sagar, India Higher secondary school

CLINICAL EXPERIENCE

since 11/2016	Case Manager and Psychotherapist in training Paradigm Vienna, Baden, Austria <i>discussed treatment plans and provided individual psychotherapy to patients suffering from different neurotic and psychotic psychological problems in an</i>
since 11/2016	Psychotherapist in training Sigmund Freud Outpatient Clinic, Vienna <i>discussed treatment plans and provided individual psychotherapy to patients suffering from different neurotic psychological problems in an outpatient</i>
07/2010 – 08/2010	Intern Dom Upokojencev retirement home in Sezana, Slovenia <i>assisted and accompanied elderly people with their daily activities like shopping, physical exercises, going for walks etc.</i>
10/2009 – 06/2010	Clinic assistant Sigmund Freud Outpatient Clinic, Vienna <i>registering patients for therapy, administering psychological tests like IIP 32, SCL 90-R etc and organising the first meetings with a therapist.</i>
07/2009	Intern Roy Institute of Mental Health & Allied Sciences in Bhopal, India <i>prepared anamnesis for some psychotic and neurotic patients after talking to them and observing them.</i>

COMPUTER SKILLS

MS Office
●●●●●●●●●●●●●●

SPSS
●●●●●●●●●●●●●●

Atlas
●●●●●●●●●●●●●●

THERAPEUTIC SKILLS

Active Listening
●●●●●●●●●●●●●●

Assessing Patient Needs
●●●●●●●●●●●●●●

Critical Thinking
●●●●●●●●●●●●●●

Decision Making
●●●●●●●●●●●●●●

Developing treatment plans
●●●●●●●●●●●●●●

Diagnostics
●●●●●●●●●●●●●●

Implementing Treatment Plans
●●●●●●●●●●●●●●

Patience
●●●●●●●●●●●●●●

TEACHING EXPERIENCE

since SS2014

Workshop conductor |
Sigmund Freud University Vienna

for computer assisted qualitative research: Atlas.ti

WS 2015 –16

Guest lecturer | Department of Psychology,
Dr. Harisingh Gour Central University (Govt. of India),
Sagar, India

*Conducted a lecture on the "Introduction to
Psychoanalysis"*

WS 2015 –16

Guest lecturer | Jawaharlal Nehru Police Academy,
Sagar, India

*Conducted a guest lecture and a workshop on
"Psychopaths! Who are they?"*

SS2014 – SS2015

Co-organizer |
Sigmund Freud University Vienna

*writing lab for students facing difficulties writing
their Bachelors thesis*

SS2013 – WS2014

Co-organizer |
Sigmund Freud University Vienna

narrative interview training workshops

SS 2013

Guest lecturer | Department of Human
Consciousness and Yogic Sciences, Dr. Harisingh
Gour Central University (Govt. of India), Sagar, India

*Presented a series of lectures on "Integrated
approaches in Psychotherapy"*

CONFERENCE PRESENTATIONS

07–08.10.2016

Presenter | Congress on Mental Health: Meeting the
needs of the XXI Century, Moscow, Russia

*Presented a paper titled "Psychoanalysis in the east and
the west"*

22–25.06.2016

Discussant | 47th SPR International Annual Meeting,
Jerusalem, Israel

*Conducted a structured discussion on the topic "What's
the best way to triangulate for an early career
researcher"*

18–20.05.2016

Presenter | 9th International Congress for
Psychotherapy/Asian Chapter of World Council for
Psychotherapy, Tehran, Iran

*Presented a paper titled "Dialogue between culture and
Science"*

06.05.2016

Presenter | TEDxVienna Salon Conference, Vienna, Austria

Presented a talk titled "What creates Intimacy?"

Here is the link to the talk

*[http://www.tedxvienna.at/watch/what-creates-intimacy-
himanshu-giri-tedxviennasaloon/](http://www.tedxvienna.at/watch/what-creates-intimacy-himanshu-giri-tedxviennasaloon/)*

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| 24–26.09.2015 | <p>Presenter 8th European Conference on Psychotherapy Research – “Psychotherapy Diversity: How many approaches do we need?”, Klagenfurt, Austria</p> <p><i>Presented a paper titled “Corrective Experiences of Trainee Therapists in Individual Psychotherapy as Patients”</i></p> |
| 27.08.2013 | <p>Presenter Board meeting of National Integrated Medical Association on, Sagar, India</p> <p><i>Gave a talk on “Role of Psychotherapy in Integrated Systems of Therapies”</i></p> |
| 5–8.01 2010 | <p>Presenter 5th International Conference of World Council For Psychotherapy (Asian Chapter) on “Psychotherapy, Science and Yoga Traditions” in Chandigarh, India</p> <p><i>Presented a paper titled “Yoga and Psychotherapy”</i></p> |