



# Kathrin Mörtl

Academic Faculty Member,  
Psychologist and Psychotherapist



## Academic Title

Assoc. Prof. Mag. Dr.



## Academic Work History

2019-11 -  
Current

### Vice-dean for Research

Faculty of Psychotherapy Science, Sigmund Freud Private University (SFU), Vienna

- Coordination of research projects in line with the research strategy of the faculty
- Active member of the Ethics Committee at SFU
- Development of team communications for research employees

2012-01 -  
Current

### Faculty Member

Faculty of Psychotherapy Science, SFU, Vienna

- Collaborated with faculty, staff and stakeholders from across college and community to create, preserve and partnerships.
- Served on college, program and department committees and assisted the Dean of the Faculty in exercising duties.
- Received the Associated Professorship for Psychotherapy Science by the Rectorate (2019-05)

**Academic teaching** appointments (selected courses in the graduate and PHD programmes in German and English language):

- Psychosomatics, Sexual Disorders, Research Workshop I and II, Qualitative Research Methods, Grounded Theory Methodology, Scientific Research Methods I and II, Introduction to Psychotherapy Science, Architecture and Psyche, General Psychopathology I



## Contact

### Address

Sigmund Freud Private University, Freudplatz 1, Vienna, Austria, 1020

### Phone

+4369910113160

### E-mail

kathrin.moertl@sfu.ac.at



## Skills

Social Competency  
Qualitative Research  
Academic Leadership



## Languages

German ●●●●●●

English ●●●●●●

French ●●●●●●

**Research projects** (selected projects as the main project investigator):

- Fit for Life alcohol-free. Literary activity as transformative process (cooperation with Prim. Dr. Harald David)
- Evaluation of an interdisciplinary health management for prevention and early detection of mental illness (cooperation with Prof. Harald Gündel, University of Ulm); third party funding
- Evaluation of psychotherapy students' development (cooperation with Prof. Jutta Fiegl and Prof. Omar Gelo)
- Corrective Experiences in Psychotherapy (cooperation with Prof. Lynne Angus, York University and Michael Constantino, University of Massachusetts)
- Military families. Analysis of specific psychosocial burden in children of German soldiers (cooperation with Prof. Ute Ziegenhain, University of Ulm); third party funding
- School companion development of an interdisciplinary curriculum, contributing to the inclusion (cooperation with Prof. Ute Ziegenhain, University of Ulm); third party funding
- MAN-GO II: Evaluation of a Stress Prevention Intervention at the Workplace (cooperation with Prof. Harald Gündel, University of Ulm); third party funding
- "Lükkekinder". The social world of "Lükkekinder"- Analysis of a forgotten group (cooperation with Prof. Ute Ziegenhain, University of Ulm); third party funding
- Child welfare as a collective orientation pattern (cooperation with Prof. Ute Ziegenhain, University of Ulm); third party funding
- Emotional Vignettes – Women in Leadership Positions (cooperation with Prof. Alberta Pos, York University); third party funding

2009-12 -  
2011-12

## ● **Post-Doc Fellow**

York University (CAN) funded by the German Research Council (DFG), Toronto

- Post-Doc Research Project: The process of change for depressive patients (supervised by Prof. Lynne Angus)
- Member of the programme committee for the Annual Meeting of the Society for Psychotherapy Research 2011, Banff (CAN)

2005-09 -  
2009-11

## ● **Scientific Researcher**

University Clinic Psychosomatic Medicine and Psychotherapy Ulm (DE), Ulm

- Collaborated with faculty, staff and stakeholders from across college and community to create, preserve and partnerships.

**Academic teaching** appointments (selected courses in the undergraduate and graduate programmes in German language):

- Introduction to Psychosomatic Medicine and Psychotherapy, Introduction to Medical Psychology and Sociology, Qualitative Research Workshop, Soft Skills and Communication in the Medical Profession

**Research projects** (PHD project and selected projects as scientific assistant):

- PHD project: Client Experiences of Helpful Factors in the Psychosomatic Day-clinic. A Qualitative Approach (supervised by Prof. Jörn von Wietersheim)
- Implementation and Evaluation of Integrative Behavioral Therapy (based on DBT by Linnehan) in a Psychiatric Forensic Hospital (PI Prof. Franziska Lamott)
- ANTOP - Anorexia Nervosa Treatment for OutPatients. Randomized-controlled multisite study (PI Prof. Jörn von Wietersheim)
- Group Psychotherapy in a Social Therapeutic Department in Prison (PI Prof. Franziska Lamott)



## Education

2005-09 -  
2011-11

### ● **Doktorate (PhD): Human Biology**

Medical Faculty At The University of Ulm - Ulm

Received the Doctorate in Human Biology (Dr. biol. Hum.) summa cum laude at the University Clinic for Psychosomatic Medicine and Psychotherapy

2000-03 -  
2005-04

### ● **Magister (Master): Psychology**

Department of Psychology, University of Klagenfurt - Klagenfurt

Received the degree Magistra philosophiae (Mag. phil.) cum laude

1999-09 -  
2000-02

### ● **Magister (Master): Psychology**

University of Graz - Graz

Not finished, transferred to University of Klagenfurt



## Certifications

2021-02

● Certified Psychotherapist in Austria (Psychoanalysis)

2014-05

● Psychotherapist in training under supervision (AUT)

2007-12

● Psychotherapeutic Propädeutikum (first part of the clinical psychotherapy training in Austria)

2007-05

● Certified Training in the Structured Interview for Anorexia and Bulimia Nervosa (SIAB)

2007-05

● Certified Training in the Structured Clinical Interview for DSM-IV (SCID)



## Clinical Work Engagement

● Private Psychotherapy Practice (Psychoanalysis) in Vienna (since 2018)

● Psychotherapeutic Outpatient Clinic for Adults at SFU Vienna (2016-2018)

- Psychiatric Unit at the Donauspital/SMZ-Ost, Vienna (2014)
- University Clinic for Psychosomatic Medicine and Psychotherapy Ulm (2008-2011)



## Affiliations

### Professional associations

- VÖPP - Association of Austrian Psychotherapists (since 2014)
- Society for Psychotherapy Research (2006-2017)
- Austrian Student's Council (ÖH) (1999-2005)

### Academic teaching assignments

- ARGE Bildungsmanagement Vienna (since 2017)
- Austrian Association for Systemic Therapy and Systemic Studies (ÖAS) (2018)
- Association of Austrian Psychotherapists (VÖPP) (2015)
- Etablissement Privé D'Enseignement Supérieur Paris-Vienne (SFU) (2013-2014)
- External lecturer at University of Klagenfurt (2009)