

Sigmund Freud Private University Curriculum Psychotherapy Science Bachelor Programme

1st Semester (B1)

Module	Title	Type	Unit(s)	ECTS
A	Psychotherapy science			
	Lecture series – Perspectives of psychotherapy science	LECT	1	1,5
	Psychotherapy as a science	PS	1	2
	Psychotherapy as a profession	PS	1	2
	History and theoretical development of the psychotherapy schools I	LECT	2	3
	History and theoretical development of the psychotherapy schools I	PS	1	2
	Academic writing I	WS	0,5	0,5
B	Psychological basics			
	General psychology I	LECT	1	1,5
	Differential psychology	LECT	2	3
	Psychological diagnostics I	LECT	2	3
C	Medical basics			
	Introduction to medical terminology	LECT	2	3
	Psychiatry I	LECT	1	1,5
	Fundamental principles of neuroscience	LECT	1	1,5
D	Praxeology			
	Clinical placement	PR		4
	Training supervision and reflection I	PRS	0,5	0,5
	Self-awareness I	PD	1	1
Total			17	30

2nd Semester (B2)

Module	Title	Type	Unit(s)	ECTS
A	Psychotherapy science			
	History and theoretical development of the psychotherapy schools II	LECT	1	1,5
	History and theoretical development of the psychotherapy schools II	PS	1	2
	Training supervision and reflection II (focus on documentation)	PRS	1	1
B	Psychological basics			
	Psychological diagnostics II	LECT	1	1,5
	Psychological diagnostics II	WS	1	1
C	Medical basics			
	Psychiatry II	LECT	2	3
	Rehabilitation, special needs and therapeutic psychology	LECT	2	3
D	Praxeology			
	Forms of psychosocial intervention I	PS	2	4
	Clinical placement	PR		5,5
	Self-awareness II	PD	1	1
E	Research methods			
	Scientific research methods I	LECT	2	3
	Scientific research methods I	WS	1	1,5
	Academic writing II	PS	1	2
Total			16	30

3rd Semester (B3)

Module	Title	Type	Unit(s)	ECTS
A	Psychotherapy science			
	History and theoretical development of the psychotherapy schools III	LECT	1	1,5
	History and theoretical development of the psychotherapy schools III	PS	1	2
	Basics in cultural studies I	LECT	1	2
	Training supervision and reflection III	PRS	1	1
B	Psychological basics			
	General psychology II	LECT	1	1,5
	Developmental psychology	LECT	1	1,5
	Developmental psychology	PS	1	1,5
	Social psychology	LECT	1	1,5
C	Medical basics			
	Psychopharmacology	LECT	2	3
	Psychopharmacology	PS	1	2
D	Praxeology			
	Clinical placement	PR		4,5
	Self-awareness III	PD	1	1
	Research workshop I	WS	1	1
E	Research methods			
	Statistical data analysis and quantitative methods	LECT	1	1,5
	Statistical data analysis and quantitative methods	WS	1	1,5
F	Fundamental principles of psychotherapy practice			
	Introduction to the healthcare system	LECT	1	1,5
	Introduction to the health insurance system	LECT	1	1,5
Total			17	30

4th Semester (B4)

Module	Title	Type	Unit(s)	ECTS
A	Psychotherapy science			
	Basics in cultural studies II	LECT	1	1,5
	Psychotherapy and gerontology	LECT	1	1,5
	Elective – „Window of Opportunity” ¹	WS	1	1
	Training supervision and reflection IV	PRS	0,5	0,5
C	Medical basics			
	Psychosomatics	LECT	2	3
	First aid	WS	1	1
	Child and youth psychiatry	LECT	2	3
D	Praxeology			
	Clinical placement	PR		4,5
	Ethics	LECT	1	1,5
	Ethics	PS	1	1,5
	Forms of psychosocial intervention II	PS	2	3
E	Research methods			
	Scientific research methods II	LECT	1	1,5
	Academic writing III	WS	0,5	0,5
F	Fundamental principles of psychotherapy practice			
	Law in the healthcare system	LECT	1	1,5
	Law in the healthcare system	PS	1	1,5
	Introduction to the healthcare environment	LECT	1	1,5
	Principles of psychosocial care	LECT	1	1,5
Total			18	30

¹ Attendance of a research practicum, or of the method day, or of conferences or book presentation (20h) + submission of a report

5th Semester (B5)

Module	Title	Type	Unit(s)	ECTS
A	Psychotherapy science			
	General psychopathology	LECT	2	3
	MOD Basic principles of personality theory and development	SE	2	3
	MOD Scientific terminology	SE	2	3
	MOD Principles of psychopathology I	SE	1	1,5
D	Praxeology			
	MOD Clinical placement	MPR		7
	MOD Training supervision and reflection V	MPRS	1	1,5
	MOD Self-awareness I-internal	MPD	2	2
	Principles of psychotherapeutic discourse	WS	1	1
E	Research methods			
	Qualitative interpretation	LECT	1	1,5
	Qualitative interpretation	WS	1	1,5
	Academic writing IV	PS	1	2
	Research workshop II	WS	1	1
F	Fundamental principles of psychotherapy practice			
	Sexuality	PS	1	2
Total			16	30

6th Semester (B6)

Module	Title	Type	Unit(s)	ECTS
D	Praxeology			
	MOD Clinical placement	MPR		4,5
	MOD Self-awareness II-internal	MPD	2	2
	Crisis intervention	PS	1	2
F	Fundamental principles of psychotherapy practice			
	Differential psychopathology	LECT	1	1,5
	MOD Principles of psychopathology II	SE	2	4
	MOD Principles of therapy techniques	SE	1	2
	Group processes and dynamics	LECT	1	1,5
	Group processes and dynamics	PS	1	2
G	Thesis and examination			
	Bachelor thesis	TP		8,5
	Final examination	FE		2
Total			9	30

LEGEND

LECT=Lecture

PS=Proseminar

WS=Workshop

SE=Seminar

PD=Personal Development

PRS=Reflection of the Practicum

PR=Practicum

MPD=Method-specific Personal Development

MPRS=Method-specific Reflection of the Practicum

MPR=Method-specific Practicum

TP=Thesis Project

FE= Final Examination