ICD-10, List of disorders (only chapter V, F-diagnoses)

Disorders specifically interesting for the Psychosomatics class (SFU Vienna, Dr. Moertl) are highlighted in blue. The selection is based on contemporary practice of diagnosing in the field of psychosomatic medicine and psychotherapy, and represents “typical psychosomatic disorders” in the clinical practice. Included are both somato-psychic, as well as psycho-somatic disorders. Browse and be inspired to pick one of so many interesting disorders for your essay!

F00–F99 – Mental and behavioral disorders

(F00–F09) Organic, including symptomatic, mental disorders

- (F00) Dementia in Alzheimer's disease
- (F01) Vascular dementia
  - (F01.1) Multi-infarct dementia
- (F02) Dementia in other diseases classified elsewhere
  - (F02.0) Dementia in Pick's disease
  - (F02.1) Dementia in Creutzfeldt-Jakob disease
  - (F02.2) Dementia in Huntington's disease
  - (F02.3) Dementia in Parkinson's disease
  - (F02.4) Dementia in human immunodeficiency virus (HIV) disease
- (F03) Unspecified dementia
- (F04) Organic amnesic syndrome, not induced by alcohol and other psychoactive substances
- (F05) Delirium, not induced by alcohol and other psychoactive substances
- (F06) Other mental disorders due to brain damage and dysfunction and to physical disease
  - (F06.0) Organic hallucinosis
  - (F06.1) Organic catatonic disorder
  - (F06.2) Organic delusional (schizophrenia-like) disorder
  - (F06.3) Organic mood (affective) disorders
  - (F06.4) Organic anxiety disorder
  - (F06.5) Organic dissociative disorder
  - (F06.6) Organic emotionally labile (asthenic) disorder
  - (F06.7) Mild cognitive disorder
  - (F06.8) Other specified mental disorders due to brain damage and dysfunction and to physical disease
  - (F06.9) Unspecified mental disorder due to brain damage and dysfunction and to physical disease
    - Organic brain syndrome NOS
- (F07) Personality and behavioural disorders due to brain disease, damage and dysfunction
  - (F07.0) Organic personality disorder
  - (F07.1) Postencephalitic syndrome
  - (F07.2) Postconcussional syndrome
  - (F07.8) Other organic personality and behavioural disorders due to brain disease, damage and dysfunction
  - (F07.9) Unspecified organic personality and behavioural disorder due to brain disease, damage and dysfunction
- (F09) Unspecified organic or symptomatic mental disorder

(F10–F19) Mental and behavioural disorders due to psychoactive substance use

- Note: the following conditions are subtypes of each code from F10–19:
• (F1x.0) acute intoxication
• (F1x.1) harmful use
• (F1x.2) dependence syndrome
• (F1x.3) withdrawal state
• (F1x.4) withdrawal state with delirium
• (F1x.5) psychotic disorder
• (F1x.6) amnesic syndrome
• (F1x.7) Residual and late-onset psychotic disorder
• (F1x.8) other mental and behavioural disorder
• (F1x.9) unspecified mental and behavioural disorder

(F20–F29) Schizophrenia, schizotypal and delusional disorders

• (F20) Schizophrenia
  • (F20.0) Paranoid schizophrenia
  • (F20.1) Hebephrenic schizophrenia (Disorganized schizophrenia)
  • (F20.2) Catatonic schizophrenia
  • (F20.3) Undifferentiated schizophrenia
  • (F20.4) Post-schizophrenic depression
  • (F20.5) Residual schizophrenia
  • (F20.6) Simple schizophrenia
  • (F20.8) Other schizophrenia
    • Cenesthopathic schizophrenia
    • Schizophreniform disorder NOS
    • Schizophreniform psychosis NOS
  • (F20.9) Schizophrenia, unspecified

• (F21) Schizotypal disorder
• (F22) Persistent delusional disorders
  • (F22.0) Delusional disorder
  • (F22.8) Other persistent delusional disorders
    • Delusional dysmorpophoblia
    • Involutional paranoid state
    • Paranoia querulans
  • (F22.9) Persistent delusional disorder, unspecified

• (F23) Acute and transient psychotic disorders
  • (F23.0) Acute polymorphic psychotic disorder without symptoms of schizophrenia
  • (F23.1) Acute polymorphic psychotic disorder with symptoms of schizophrenia
  • (F23.2) Acute schizophrenia-like psychotic disorder
  • (F23.3) Other acute predominantly delusional psychotic disorders
  • (F23.8) Other acute and transient psychotic disorders
  • (F23.9) Acute and transient psychotic disorder, unspecified

• (F24) Induced delusional disorder
  • Folie à deux
  • Induced paranoid disorder
  • Induced psychotic disorder

• (F25) Schizoaffective disorders
  • (F25.0) Schizoaffective disorder, manic type
  • (F25.1) Schizoaffective disorder, depressive type
  • (F25.2) Schizoaffective disorder, mixed type
• (F25.8) Other schizoaffective disorders
• (F25.9) Schizoaffective disorder, unspecified
• (F28) Other nonorganic psychotic disorders
  • Chronic hallucinatory psychosis
• (F29) Unspecified nonorganic psychosis

(F30–F39) Mood (affective) disorders

• (F30) Manic episode
  • (F30.0) Hypomania
  • (F30.1) Mania without psychotic symptoms
  • (F30.2) Mania with psychotic symptoms
  • (F30.8) Other manic episodes
  • (F30.9) Manic episode, unspecified
• (F31) Bipolar affective disorder
  • (F31.0) Bipolar affective disorder, current episode hypomanic
  • (F31.1) Bipolar affective disorder, current episode manic without psychotic symptoms
  • (F31.2) Bipolar affective disorder, current episode manic with psychotic symptoms
  • (F31.3) Bipolar affective disorder, current episode mild or moderate depression
    .30 without somatic syndrome, .31 with somatic syndrome
  • (F31.4) Bipolar affective disorder, current episode severe depression without psychotic symptoms
  • (F31.5) Bipolar affective disorder, current episode severe depression with psychotic symptoms
  • (F31.6) Bipolar affective disorder, current episode mixed
  • (F31.7) Bipolar affective disorder, currently in remission
  • (F31.8) Other bipolar affective disorders
    • Bipolar II disorder
    • Recurrent manic episodes NOS
  • (F31.9) Bipolar affective disorder, unspecified
• (F32) Depressive episode
  • (F32.0) Mild depressive episode
    .00 without somatic syndrome, .01 with somatic syndrome
  • (F32.1) Moderate depressive episode
    .10 without somatic syndrome, .11 with somatic syndrome
  • (F32.2) Severe depressive episode without psychotic symptoms
  • (F32.3) Severe depressive episode with psychotic symptoms
  • (F32.8) Other depressive episodes
    • Atypical depression
    • Single episodes of "masked" depression NOS
  • (F32.9) Depressive episode, unspecified
• (F33) Recurrent depressive disorder
  • (F33.0) Recurrent depressive disorder, current episode mild
    .00 without somatic syndrome, .01 with somatic syndrome
  • (F33.1) Recurrent depressive disorder, current episode moderate
    .10 without somatic syndrome, .11 with somatic syndrome
  • (F33.2) Recurrent depressive disorder, current episode severe without psychotic symptoms
  • (F33.3) Recurrent depressive disorder, current episode severe with psychotic symptoms
  • (F33.4) Recurrent depressive disorder, currently in remission
  • (F33.8) Other recurrent depressive disorders
  • (F33.9) Recurrent depressive disorder, unspecified
• (F34) Persistent mood (affective) disorders
  • (F34.0) Cyclothymia
  • (F34.1) Dysthymia
  • (F34.8) Other persistent mood (affective) disorders
  • (F34.9) Persistent mood (affective) disorder, unspecified

• (F38) Other mood (affective) disorders
  • (F38.0) Other single mood (affective) disorders
    • Mixed affective episode
  • (F38.1) Other recurrent mood (affective) disorders
    • Recurrent brief depressive episodes
  • (F38.8) Other specified mood (affective) disorders

• (F39) Unspecified mood (affective) disorder

(F40–F48) Neurotic, stress-related and somatoform disorders

• (F40) Phobic anxiety disorders
  • (F40.0) Agoraphobia
  • (F40.1) Social phobias
    • Anthropophobia
    • Social neurosis
  • (F40.2) Specific (isolated) phobias
    • Acrophobia
    • Animal phobias
    • Claustrophobia
    • Simple phobia
  • (F40.8) Other phobic anxiety disorders
  • (F40.9) Phobic anxiety disorder, unspecified
    • Phobia NOS
    • Phobic state NOS

• (F41) Other anxiety disorders
  • (F41.0) Panic disorder (episodic paroxysmal anxiety)
  • (F41.1) Generalized anxiety disorder

• (F42) Obsessive-compulsive disorder

• (F43) Reaction to severe stress, and adjustment disorders
  • (F43.0) Acute stress reaction
  • (F43.1) Post-traumatic stress disorder
  • (F43.2) Adjustment disorder

• (F44) Dissociative (conversion) disorders
  • (F44.0) Dissociative amnesia
  • (F44.1) Dissociative fugue
  • (F44.2) Dissociative stupor
  • (F44.3) Trance and possession disorders
  • (F44.4) Dissociative motor disorders
  • (F44.5) Dissociative convulsions
  • (F44.6) Dissociative anaesthesia and sensory loss
  • (F44.7) Mixed dissociative (conversion) disorders
  • (F44.8) Other dissociative (conversion) disorders
    • Ganser’s syndrome
    • Multiple personality
• (F44.9) Dissociative (conversion) disorders, unspecified
• (F45) Somatoform disorders
  • (F45.0) Somatization disorder
    • Briquet's disorder
    • Multiple psychosomatic disorder
  • (F45.1) Undifferentiated somatoform disorder
  • (F45.2) Hypochondriacal disorder
    • Body dysmorphic disorder
    • Dysmorphophobia (nondelusional)
    • Hypochondriacal neurosis
    • Hypochondriasis
    • Nosophobia
  • (F45.3) Somatoform autonomic dysfunction
    • Cardiac neurosis
    • Da Costa's syndrome
    • Gastric neurosis
    • Neurocirculatory asthenia
  • (F45.4) Persistent somatoform pain disorder
    • Psychalgia
  • (F45.8) Other somatoform disorders
  • (F45.9) Somatoform disorder, unspecified
• (F48) Other neurotic disorders
  • (F48.0) Neurasthenia
  • (F48.1) Depersonalization-derealization syndrome
  • (F48.8) Other specified neurotic disorders
    • Dhat syndrome
    • Occupational neurosis, including writer's cramp
    • Psychasthenia
    • Psychasthenic neurosis
    • Psychogenic syncope
  • (F48.9) Neurotic disorder, unspecified
    • Neurosis NOS

(F50–F59) Behavioural syndromes associated with physiological disturbances and physical factors

• (F50) Eating disorders
  • (F50.0) Anorexia nervosa
  • (F50.1) Atypical anorexia nervosa
  • (F50.2) Bulimia nervosa
  • (F50.3) Atypical bulimia nervosa
  • (F50.4) Overeating associated with other psychological disturbances
  • (F50.5) Vomiting associated with other psychological disturbances
  • (F50.8) Other eating disorders
    • Pica in adults
  • (F50.9) Eating disorder, unspecified
• (F51) Nonorganic sleep disorders
  • (F51.0) Nonorganic insomnia
  • (F51.1) Nonorganic hypersomnia
  • (F51.2) Nonorganic disorder of the sleep-wake schedule
- (F51.3) Sleepwalking (somnambulism)
- (F51.4) Sleep terrors (night terrors)
- (F51.5) Nightmares
- (F52) Sexual dysfunction, not caused by organic disorder or disease
  - (F52.0) Lack or loss of sexual desire
    - Frigidity
    - Hypoactive sexual desire disorder
  - (F52.1) Sexual aversion and lack of sexual enjoyment
    - Anhedonia (sexual)
  - (F52.2) Failure of genital response
    - Female sexual arousal disorder
    - Male erectile disorder
    - Psychogenic impotence
  - (F52.3) Orgasmic dysfunction
    - Inhibited orgasm (male)(female)
    - Psychogenic anorgasm
  - (F52.4) Premature ejaculation
  - (F52.5) Nonorganic vaginismus
  - (F52.6) Nonorganic dyspareunia
  - (F52.7) Excessive sexual drive
  - (F52.8) Other sexual dysfunction, not caused by organic disorder or disease
  - (F52.9) Unspecified sexual dysfunction, not caused by organic disorder or disease
- (F53) Mental and behavioural disorders associated with the puerperium, not elsewhere classified
  - (F53.0) Mild mental and behavioural disorders associated with the puerperium, not elsewhere classified
    - Postnatal depression NOS
    - Postpartum depression NOS
  - (F53.1) Severe mental and behavioural disorders associated with the puerperium, not elsewhere classified
    - Puerperal psychosis NOS
- (F54) Psychological and behavioural factors associated with disorders or diseases classified elsewhere
- (F55) Abuse of non-dependence-producing substances
- (F59) Unspecified behavioural syndromes associated with physiological disturbances and physical factors

(F60–F69) Disorders of adult personality and behaviour

- (F60) Specific personality disorders
  - (F60.0) Paranoid personality disorder
  - (F60.1) Schizoid personality disorder
  - (F60.2) Dissocial personality disorder
    - Antisocial personality disorder
  - (F60.3) Emotionally unstable personality disorder
    - Borderline personality disorder
  - (F60.4) Histrionic personality disorder
  - (F60.5) Anankastic personality disorder
    - Obsessive-compulsive personality disorder
  - (F60.6) Anxious (avoidant) personality disorder
  - (F60.7) Dependent personality disorder
  - (F60.8) Other specific personality disorders
    - Eccentric personality disorder
    - Haltlose personality disorder
• Immature personality disorder
• Narcissistic personality disorder
• Passive-aggressive personality disorder
• Psychoneurotic personality disorder
• (F60.9) Personality disorder not otherwise specified
• Personality disorder unspecified
• (F61) Mixed and other personality disorders
• (F62) Enduring personality changes, not attributable to brain damage and disease
• (F63) Habit and impulse disorders
  • (F63.0) Pathological gambling
  • (F63.1) Pathological fire-setting (pyromania)
  • (F63.2) Pathological stealing (kleptomania)
  • (F63.3) Trichotillomania
• (F64) Gender identity disorders
  • (F64.0) Transsexualism
  • (F64.1) Dual-role transvestism
  • (F64.2) Gender identity disorder of childhood
• (F65) Disorders of sexual preference
  • (F65.0) Sexual fetishism
  • (F65.1) Fetishistic transvestism
  • (F65.2) Exhibitionism
  • (F65.3) Voyeurism
  • (F65.4) Paedophilia
  • (F65.5) Sadomasochism
  • (F65.6) Multiple disorders of sexual preference
  • (F65.8) Other disorders of sexual preference
  • Frotteurism
  • Necrophilia
  • Zoophilia
• (F66) Psychological and behavioural disorders associated with sexual development and orientation
  • (F66.0) Sexual maturation disorder
  • (F66.1) Ego-dystonic sexual orientation
  • (F66.2) Sexual relationship disorder
  • (F66.8) Other psychosexual development disorders
  • (F66.9) Psychosexual development disorder, unspecified
• (F68) Other disorders of adult personality and behaviour
  • (F68.0) Elaboration of physical symptoms for psychological reasons
  • (F68.1) Intentional production or feigning of symptoms or disabilities, either physical or psychological (factitious disorder)
    • Munchausen syndrome
  • (F68.8) Other specified disorders of adult personality and behaviour
• (F69) Unspecified disorder of adult personality and behaviour

(F70–F79) Mental retardation

• (F70) Mild mental retardation
• (F71) Moderate mental retardation
• (F72) Severe mental retardation
• (F73) Profound mental retardation
• (F78) Other mental retardation
• (F79) Unspecified mental retardation

(F80–F89) Disorders of psychological development

• (F80) Specific developmental disorders of speech and language
  • (F80.0) Specific speech articulation disorder
  • (F80.1) Expressive language disorder
  • (F80.2) Receptive language disorder
    • Receptive aphasia
  • (F80.3) Acquired aphasia with epilepsy (Landau-Kleffner)
  • (F80.8) Other developmental disorders of speech and language
    • Lisping
  • (F80.9) Developmental disorder of speech and language, unspecified

• (F81) Specific developmental disorders of scholastic skills
  • (F81.0) Specific reading disorder
    • Developmental dyslexia
  • (F81.1) Specific spelling disorder
  • (F81.2) Specific disorder of arithmetical skills
    • Developmental acalculia
    • Gerstmann syndrome
  • (F81.3) Mixed disorder of scholastic skills
  • (F81.8) Other developmental disorders of scholastic skills
  • (F81.9) Developmental disorder of scholastic skills, unspecified

• (F82) Specific developmental disorder of motor function
  • Developmental Dyspraxia

• (F83) Mixed specific developmental disorders

• (F84) Pervasive developmental disorders
  • (F84.0) Childhood autism
  • (F84.1) Atypical autism
  • (F84.2) Rett's syndrome
  • (F84.3) Other childhood disintegrative disorder
  • (F84.4) Overactive disorder associated with mental retardation and stereotyped movements
  • (F84.5) Asperger syndrome

• (F88) Other disorders of psychological development

• (F89) Unspecified disorder of psychological development

• (F90–F98) Behavioural and emotional disorders with onset usually occurring in childhood and adolescence

• (F90) Hyperkinetic disorders
  • (F90.0) Disturbance of activity and attention
    • Attention-deficit hyperactivity disorder
    • Attention deficit syndrome with hyperactivity
  • (F90.1) Hyperkinetic conduct disorder
  • (F90.8) Other hyperkinetic disorders
  • (F90.9) Hyperkinetic disorder, unspecified

• (F91) Conduct disorders
  • (F91.0) Conduct disorder confined to the family context
• (F91.1) Unsocialized conduct disorder
• (F91.2) Socialized conduct disorder
• (F91.3) Oppositional defiant disorder
• (F91.8) Other conduct disorders
• (F91.9) Conduct disorder, unspecified
• (F92) Mixed disorders of conduct and emotions
  • (F92.0) Depressive conduct disorder
  • (F92.8) Other mixed disorders of conduct and emotions
  • (F92.9) Mixed disorder of conduct and emotions, unspecified
• (F93) Emotional disorders with onset specific to childhood
  • (F93.0) Separation anxiety disorder of childhood
  • (F93.1) Phobic anxiety disorder of childhood
  • (F93.2) Social anxiety disorder of childhood
  • (F93.3) Sibling rivalry disorder
  • (F93.8) Other childhood emotional disorders
    • Identity disorder
    • Overanxious disorder
  • (F93.9) Childhood emotional disorder, unspecified
• (F94) Disorders of social functioning with onset specific to childhood and adolescence
  • (F94.0) Elective mutism
  • (F94.1) Reactive attachment disorder of childhood
  • (F94.2) Disinhibited attachment disorder of childhood
  • (F94.8) Other childhood disorders of social functioning
  • (F94.9) Childhood disorder of social functioning, unspecified
• (F95) Tic disorders
  • (F95.0) Transient tic disorder
  • (F95.1) Chronic motor or vocal tic disorder
  • (F95.2) Combined vocal and multiple motor tic disorder (de la Tourette)
  • (F95.8) Other tic disorders
  • (F95.9) Tic disorder, unspecified
• (F98) Other behavioural and emotional disorders with onset usually occurring in childhood and adolescence
  • (F98.0) Nonorganic enuresis
  • (F98.1) Nonorganic encopresis
  • (F98.2) Feeding disorder of infancy and childhood
  • (F98.3) Pica of infancy and childhood
  • (F98.4) Stereotyped movement disorders
  • (F98.5) Stuttering (stammering)
  • (F98.6) Cluttering
  • (F98.8) Other specified behavioural and emotional disorders with onset usually occurring in childhood and adolescence
    • Attention deficit disorder without hyperactivity
    • Excessive masturbation
    • Nail-biting
    • Nose-picking
    • Thumb-sucking
  • (F98.9) Unspecified behavioural and emotional disorders with onset usually occurring in childhood and adolescence