

# Master's Programme Psychology

## Emphasis: *Clinical Psychology and Public Mental Health*

### Programme Highlights

In this Master's emphasis, you will learn to look at clinical and health psychology from a global, socio-cultural perspective. Whether as a clinician, policy-maker, activist or researcher, you will be able to integrate individual, societal and cultural factors in the care of people with impaired mental health.

- Analyse the current trends in global mental diseases and their socio-cultural dimension
- Experience opportunities and risks of conventional and digital psychological interventions for individuals and groups
- Understand the complexity of psychological well-being to help others thrive
- Learn to develop balanced mental health programmes in a world shaken by global crises

### What you will study

The programme focuses on combining classical clinical psychology with modern approaches in health psychology. Given the drastic increases in mental illness worldwide, severe global crises and constant technological advances, individual and non-individual-centred psychological intervention methods are taught and practised. As a student in this programme, you will learn about the following topics:

- Psychopathology, diagnosis, and treatment of psychological disorders
- Epidemiology of mental illness and biostatistics
- Determinants of mental and emotional health and the prevention of disease
- Health systems across different cultures and regions
- Psychotraumatology, crisis intervention and psychosocial health care
- Psychology of digitalisation (cyberpsychology, man and machine, artificial intelligence)
- Psychological well-being (personality development, meaning and purpose, lifestyle)

### Programme structure

The Master's programme consists of eight compulsory modules, the duration of study is four semesters in full-time study. In the first year of study, the theoretical foundations and specialised in-depth knowledge are taught in lectures, seminars, and practical exercises.

In the second year of study, internships under the guidance of psychologists and an independent research project are conducted within the scope of a Master's thesis.

The programme concludes with a Master's examination. Graduates will receive the academic degree "Master of Science, MSc." (120 ECTS credits).

## Career paths

This Master's programme is aimed at graduates of the Bachelor's programme in Psychology with an international orientation. The skills gained optimally prepare students for work as psychologists in clinical settings and in the psychosocial field. As experts in global mental health, graduates take on significant roles as decision-makers in politics and the private sector.

Career paths include:

- Clinical psychologist
- Mental Health Officer (i.e.; setting up and developing mental health programmes in national and international institutions and places of work)
- Programme officer in international organisations such as UN, WHO, EU, etc.
- Mental health activist
- Researcher in the fields of epidemiology and mental health
- Organisational consultant

## Curriculum

**Teaching language:** English

For the full curriculum see Appendix

## Contact

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## Master Specialisation Clinical Psychology and Public Mental Health

		ECTS	HPW	
<b>M 1</b> SEMESTER	M.1 LE Paradigms of Clinical Psychology	3	2	
	M.1 LE Health Psychology	3	2	
	M.2 IC Medical Anthropology	3	2	
	M.2 IC Cyberpsychology	4	3	
	M.3 IC Electives: Global Health	4	3	
	M.4 IC Research Methods and Evaluation - Quantitative Research Techniques I	3	2	
	M.4 IC Research Methods and Evaluation - Qualitative Research Techniques I	3	2	
	M.5 LE History of Applied Psychology I	1	1	
	M.6 EX Competences in Organizational Psychology	3	2	
	M.6 EX Interventionmethods for Individuals and Groups	3	2	
	<b>M 2</b> SEMESTER	M.1 LE Psychopathology and Classification of Psychological Disorders	3	2
		M.1 LE Epidemiology	3	2
M.2 IC Psychological Well-being		3	2	
M.2 IC Global Crises and Trauma		4	3	
M.3 IC Electives: Healthy Ageing		4	3	
M.4 IC Research Methods and Evaluation - Quantitative Research Techniques II		3	2	
M.4 IC Research Methods and Evaluation - Qualitative Research Techniques II		3	2	
M.5 LE Legal Framework Conditions of Psychological Occupation		1	1	
M.6 EX Health Programmes and Evaluation		3	2	
M.6 EX Clinical Diagnostics and Assessment		3	2	
<b>M 3</b> SEM.		M.7 Internship	22	
		M.7 EX Supervision of Internship	3	2
	M.8 SE Preparation Master's Thesis	5	3	
<b>M 4</b> SEM.	M.8 SE Research Workshop	3	2	
	M.8 EX Scientific Writing	2	2	
	Master's Thesis	20		
	Master's Exam	5		

LE Lecture  
IC Integrated Course  
PS Proseminar  
EX Exercise  
SE Seminar