Dear colleagues, dear students,

At the end of the summer term 2016 we report in Newsletter Number 9 about news in the field of research at SFU:

Our two online journals: "SFU Research Bulletin" and "Zeitschrift für freie psychoanalytische Forschung und Individualpsychologie" are now operated by means of a professional software used for both the management and publication of online journals (OJS Open Journal System).

Consequently, we have not only a professional web appearance, but also such online submission, peer review and general management systems for the administration of both journals. As reported in Newsletter number 8, statistics show pleasantly high numbers of access. Many universities use this software for their publications, among others, the University of Vienna. As a result, the administration of the two journals will require far less working hours while increasing efficiency. Thus, for authors the submission of papers is considerably simplified, likewise the feedback from the peer review, which certainly will continue to be performed in double blind manner. Therefore, from now on only online submissions are possible (no more submissions via mail).

We have already provided information - in a separate release of the pertinent minutes - about the latest research meeting held on 9th March 2016. We are looking forward to an equally stimulating discussion and an even more active participation at the next Research Meeting, which will take place in the winter semester 2016/17.

Fortunately, also our colleagues Christiane Eichenberg, Katharina Hametner, Christine Korischek and Kathrin Mörtl (in alphabetical order as usual) have provided latest information related to their current research work for this Newsletter. We are pleased to pass on those updates the topic "News".

The list of publications for 2016 is already remarkably extensive. While all reported publications are listed on the website Research, for readers’ convenience we have also included them in this Newsletter, allowing a quick glance without requiring an additional click. Further on nformation on research activities can be found on the website Research - forschung.sfu.ac.at.

Although Dr. Michael Reichmayr has already transmitted “News from the library” by separate e-mail, we once more quote the key data as a reminder.

SFU research is going to face an exciting challenge: a future perspective is the implementation of cross site collaborative research among the faculties of psychotherapy, psychology, medicine and jurisprudence, which at the same time is going to be a distinctive feature at SFU!

We wish you all a pleasant summer!

Univ.-Prof. Dr. Brigitte Sindelar
Christian Heftberger, BA
Dominik Mihalits, BSc, BA
Mag. Lisa Schwarzl

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Open journal system completed for SFU-journals

We are glad to inform you that both SFU journals – the "SFU Research Bulletin" and the "Journal for free psychoanalytic research and individual psychology" – are now published via an Open Journal System according to current standards for online publications. With immediate effect, they are available online via the link: journals.sfu.ac.at

As such, our two journals provide a professional submission system and web appearance. The website is available in German and English.

We wish to thank Dominik Stefan Mihalits, BSc. BA for his on-going commitment!

The next issue of Zeitschrift für freie psychoanalytische Forschung und Individualpsychologie is already online, the next issue of Research Bulletin will be published shortly.
Zeitschrift Für Freie Psychoanalytische Forschung Und Individualpsychologie

Nr. 2 (2015): Aggression und Aggressionstrieb

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Bernd Rieken

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Milano Linz
Ljubljana

SFU Research Bulletin

The SFU is responding to the demand for accessibility of research findings by founding this publishing medium which is available as a periodical, open-access online journal.

Contributions from the fields of Psychology, Science, Psychology as well as related disciplines are being published. Publication language is German and English.

The first issue of this Journal was published in June 2013. Annually two to three issues are published. Contributions in form of theoretical or empirical work or case studies are very welcome.


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2 Addendum to research meeting on March 9th 2016

On 9th March 2016, a research meeting of all SFU sites took place. The minutes of this Research meeting were sent by mail to all research staff at all locations in German and English.

Reminder: For the purpose of strengthening cooperation and mutual exchange of information in the field of research, the participation of representatives from all faculties is desirable for future research meetings. This request was also made at the meeting by SFU Berlin/psychology, participating via Skype, who missed the dialogue with representatives from the Vienna faculty for psychology. We are looking forward to large attendance by the indicated faculty for psychology at the next research meeting. The announcement of the actual date will follow.

3 News

Univ.-Prof. Dr. Christiane Eichenberg reports:

Current publications in top-journals: small series of study on an ethical issue in the area of e-mental health:


Presentations at international congresses in the United States: 8th Scientific Meeting der International Society for Research on Internet Interventions:


**Outstanding achievements of students as part of their theses:**

Master thesis by Ms. Blazek, presented at the German Congress of Psychosomatic Medicine and Psychotherapy in Postdam:


Bachelor thesis by Ms Grabmayer, published in Telemedicine and e-health:


Bachelor thesis by Ms Huss, published *Psychotherapy – Psychosomatics – Medical Psychology:*


**Mag. Katharina Hametner reports a research project funded by MA-7:**

"On the subject of design of “the Muslim woman” in the conflict areas between freedom and coercion"

The research project examines what type of image of Muslim women is designed along with the Austrian discourse, and what impact this image has on the daily life of female Muslims living in Vienna. On the one hand, articles from high-circulation Austrian women's magazines (Woman, Die Wienerin) within the timeframe from 2010 to current are examined by critical discourse analysis. On the other hand, narrative interviews with Muslim women living in Vienna are evaluated by means of documentary method. The context of discursive structures and everyday experience shall be highlighted by interaction of these two analyses. => http://sfu.ac.at/psychologie/index.php?id=366
Information by Dr. Christine Korischek: Ethno-psychoanalytical field research - Costa Rica 2016

From mid-February to mid-March 2016, an ethno-psychoanalytic excursion to Costa Rica was undertaken with a group of SFU students. The project focussed on the exchange of dreams with the indigenous population Bribri in the region of Talamanca in Costa Rica. This one-month field research journey was carried out in collaboration with the "Asociación de Psicoanálisis Critico Social Costa Rica" (ASPAS).

ASPAS organized this field research excursion in Costa Rica, its members Ursula Hauser (psychodrama therapist and ethno-psychoanalyst) and Alvaro Dobles (ethno-psychoanalyst and cultural anthropologist) guided this field study. The excursion consisted of three subsections: The group spent the first week in San Jose, which was the phase of arrival and getting accustomed to Costa Rica. Under the guidance of Ursula Hauser daily sessions were performed, in which each participant told his/her dreams and could process them by means of free association, playback theatre or psychodrama. These dream seminars served as catalyst for the development of group coherence and for the exploration of individual, unconscious processing mechanisms, when immersed in an so far unknown cultural context. The next two weeks of field research were carried out in Cachabri in the region of Talamanca among Don Fausto Morales family. Life with the family was structured by mutual telling of dreams in the conically shaped house, called “Usure” in Bribri. The exchange of dreams and the practice of interpretation opened the door to a respective different culture. The third phase of the excursion was dedicated to reflection on the experiences in the village and time for recreation at the beach after the efforts of fieldwork. The dream seminars for the group of students under the guidance of Ursula Hauser and assistance of Alvaro Dobles were carried out throughout the stay, resulting in a rich collection of impressions, diary entries about dreams and research, photographs and tape recordings. Once back in their own cultural context and in particular to the academic world, the researchers are in the no less challenging phase of evaluating the extensive data and present it subsequently in scientific work.

Regular meetings and the interpretation workshop led by Jochen Bonz support the process of organizing, working through and digesting of this by all participants as extremely intense described research experience. The experience of "social death" (Erdheim) when immersed in an so far unknown cultural context, the multitude of new impressions, the experience of "Communitas" (Turner) and the irritation resulting from returning to the own cultural context. How this process may be analysed and described from the perspective of psychotherapy science students, will be demonstrated in various scientific theses and a publication.
Dr. Kathrin Mörtl announces a research project funded by the German Federal Ministry of Education and Research:

„Einmal Hackler - immer Hackler!“ (Once a worker, always a worker):

In this evaluation study (9 year follow-up of stress prevention measures at work, mixed-method design), we examined the phenomenon of company culture and mental health. Our 50 interviewees identified themselves extremely with their respective function within the large international production company. Despite increasing pressure imposed by productivity indices and generally increasing job insecurity, the participants of that study demonstrated a good life-work balance, and general job satisfaction along with the quantitative survey (total survey n = 94). The company still recruits workers locally, and one works here from apprenticeship to retirement. The qualitative analysis of 50 interviews showed that the identification with the company, dating back to the construction of family history, is very high. Motivation, reliability and commitment are essential elements. However, in the meantime this leads to overcompensation and, in the longer term, to increased absences from work or chronic diseases. Whereas the strength and the connection between work requirements and health has been the familiar culture in the context of long-known colleagues and authorities in the company, our employees face an increasingly stressful working environment. While previously the identification with the company constituted a protective factor ("Together we bite through") during temporary higher workload, it transforms now to a maladaptive coping strategy ("I can not abandon my people and therefore I go to work even when sick"). Health promotion measures make sense from the participants' perspective, are however only effective when implemented on a long-term basis and are enshrined in the company's bonus system, to avoid that participation leads to absence from work.


4 Publications

We are happy to report about a long list of publications in 2016 so far:

**Please check listed publications of all years in terms of completeness.** If a publication with an explicitly specified SFU affiliation has not been listed here, please report the required information to forschung@sfu.ac.at as soon as possible.

Find lists of registered publications (2010-2016) with a specified SFU affiliation of at least one author under the following link:

http://forschung.sfu.ac.at/index.php/publikationen

Publications 2016

David BECKER


Gerhard BURDA


Gabriele CASELLI


Christiane EICHENBERG


Eichenberg, C. & Schott, M. (under review). Cyberchondria – Use of online health services in hypochondriacs compared to non-hypochondriacs.


Eichenberg, C. (under review). Do patients look up their therapists online? An exploratory study among patients in psychotherapy.


**Jutta FIEGL**


**Omar C. G. GELO**


Kurt GREINER


Christine KORISCHEK


Vincent KRENN


Dominik MIHALITS


Katharina OHANA

Johannes REICHMAYR


Bernd RIEKEN


Volker TSCHUSCHKE


**Reporting of congress participations**

Please report conference participations of SFU staff to forschung@sfu.ac.at! Those reports are required for the next annual report! Thank you!

### 5 Library news

Dr. Michael Reichmayr had sent following news-report end of March 2016.

„Good news from SFU-library“

„Elektronische Zeitschriftenbibliothek“ (EZB), available via: [http://ezb.uni-regensburg.de/fl.phtml?bibid=SFU](http://ezb.uni-regensburg.de/fl.phtml?bibid=SFU) is from now on accessible via each SFU-Campus Prater computer (German and English versions). EZB is a service for the effective use of scientific full text journals on the Internet. It provides a fast, structured and standardized access to scientific full text journals. It
comprises a total of 84,773 titles on all subjects, currently 1996 titles on "Psychology“ including the e-
journals subscribed by SFU.

Direct link to the category „Psychology“:
http://ezb.uni-regensburg.de/fl.html?bibid=SFU&colors=7&lang=de&notation=CL-CZ

Starting in autumn 2016 all print-journals currently available at SFU-library will be included and
accessible via the EZB system!

Link: http://rzblx10.uni-regensburg.de/dbinfo/fachliste.php?bib_id=sfu&lett=l&colors=&ocolors=
leads to (accessible via SFU Campus Prater computers) to „data-infosystem“ (DBIS)

Link: http://rzblx10.uni-regensburg.de/dbinfo/dbliste.php?bib_id=sfu&colors=3&ocolors=40&lett=f&gebiete=22
leads to category „Psychology“, hence directly to databases licensed for SFU via EBSCO. Direct and full
access to EBSCO-resources is available. The current EBSCO-host login will remain as usual parallel to
the new system.”