



DDr. Karl F. Golling

Sigmund Freud Privatuniversität
 Freudplatz 1, 1020 Vienna
 Date of birth: 1st August 1951

“ *The voice of the intellect is a soft one, but it does not rest until it has gained a hearing.* ”

Let's get in touch

Find more in my detailed [resume](#)

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 @ karlgolling@gmail.com
 S karlgolling

- Psychoanalysis with an emphasize on Freud
- International training, analysis & supervision
- Crisis intervention & group dynamics
- Organizational development & consulting
- Modern didactic and communication tools
- Psychopathology

LANGUAGES

Deutsch

Englisch

PERSONAL INTERESTS



LECTURER, TRAINING ANALYST & SUPERVISOR

PSYCHOANALYST

EXECUTIVE

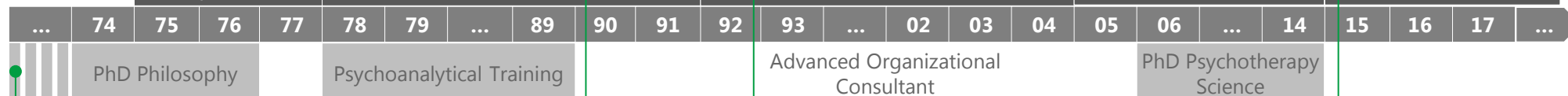
Early professional experience

Studies & Work in the USA

Psychoanalyst & Organizational Consultant in Austria

Sigmund Freud Privatuniversität

Head of Department of Psychoanalysis



Sigmund Freud Privatuniversität, Vienna
 PhD Psychotherapy Science: *Unterstützung des Lehrens und Lernens von Grundlagenwissen der Psychoanalyse mittels der PA Filmdatenbank*

Tavistock Institute, London
 Advanced Organizational Consultant:
 Teambuilding, Group dynamics, Organizational Development

National Psychological Association for Psychoanalysis, New York
 National Credited Psychoanalyst, USA

University of Innsbruck
 PhD in Philosophy: *Einstellungsmessungen an Tiroler Industriearbeitern*

Studies & Work in the USA
I emigrated to the US to deepen my skills in psychotherapy
 1979: Clinical psychologist, state prison New Jersey
 1983: Vice president human resources, Wall Street Online
 1983: Psychoanalyst with private practice in New York
 1986: Managing Director, Waldorf-Astoria Investor Conference
 1988: Managing Director software development, Gutenberg
 1988: Lecturer, New Jersey Institute of Psychoanalysis

Early professional experience
My childhood in Asia, Australia and Africa already instilled in me a sense of wanderlust and curiosity for people
 1970: Systems programmer, Linotype GmbH Frankfurt
 1972: Computer and Statistical Analysis, University of Innsbruck
 1973: Programmer brain research, Max Planck Institute
 1975: Industrial psychologist, Austrian Chamber of Workers

Psychoanalyst & Organizational Consultant in Austria
 Since 1992: Psychoanalyst with private practice in Vienna
 1992: Consultant for a Social Therapy Program & a 700 bed hospital
 2002: Lecturer & supervisor Anton Proksch Institute for Drug Addiction
A cornerstone of my work is to combine psychoanalytical know-how with long time experience in organizational development of small and medium enterprises

- Memberships**
- Corresponding Member of the "Wiener Arbeitskreis für Psychoanalyse" - Vienna Work Committee for Psychoanalysis (until 2016)
 - Founding Member of the Bulgarian Society for Group Psychoanalysis
 - Member of the Board of the Tavistock Institute-Advanced Organisational Consultation Society (until 2007)
 - Member of the American Psychological Association (until 1990)

Sigmund Freud Privatuniversität
 2005: Lecturer, training analyst, supervisor
 2015: Head of Department of Psychoanalysis
 Since 2008: Leader of psychoanalytical training programs in CEE
To ensure the quality of therapeutic work for patients all over Europe I spearheaded numerous training programs in Bulgaria, Albania ... My students love my modern and interactive didactic style – I always get top evaluations for my lectures

- Lectures & speeches (German/English): Abwehrmechanismen, Psychotherapeutische Schulen, Differentielle Krankheitslehre I & II, Borderlinestörungen, Gruppenprozesse und Dynamiken
- Facilitator: „Internetbasiertes Lernen über Psychotherapeutische Schulen“
- SFU Summer school: Introduction to Psychodynamic Thinking
- Work as supervisor and lecturer for the Kinderhilfswerk
- Continuing education: Psychoanalysis for infants and mothers
- Developed a multi media database: movies and psychoanalysis

CURRICULUM VITAE



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One daughter

CURRENT POSITION

- Head of Department of Psychoanalysis, Sigmund Freud Privatuniversität, Austria
- Head of psychoanalytical training programs in Bulgaria and Albania
- Psychoanalyst & Organizational Consultant with private practice in Vienna

CAREER

- | | |
|-------------|---|
| 2018 – | Psychoanalytical Training Program, Sofia
Head of Training |
| 2016 – | Psychoanalytical Training Program, Tirana
Head of Training |
| 2015 – | Sigmund Freud Privatuniversität, Vienna
Head of Department of Psychoanalysis |
| 2009 – 2013 | Leader of a Groupanalytical Training Program, Sofia
Head of Training |
| 2005 – | Sigmund Freud Privatuniversität, Vienna
Contract Lecturer, Training Analyst and Supervisor
Courses on key issues of psychoanalysis in Bulgaria, Albania, Ukraine |
| 2002 – 2003 | Anton Proksch Institute for Drug Addiction and Treatment, Mödling
Teaching regular seminars and supervision |
| 1992 – 1997 | Haus der Barmherzigkeit, Vienna
Consultant to a 700 bed hospital for chronic ill and geriatric patients |
| 1992 – 1995 | State of Lower Austria
Consultant Social Therapy Program |
| 1992 – | Private practice as a psychoanalyst, Vienna
Therapist & Organizational Consultant |
| 1988 – 1992 | New Jersey Institute of Psychoanalysis
Lecturer |
| 1988 – 1992 | Gutenberg 2001
Managing director, software development |
| 1986 – 1990 | Waldorf-Astoria-Conference for Investors and Emerging Listed Companies
Managing director |

- 1983 – 1992 **Private practice as a psychoanalyst, New York**
Therapist
- 1983 – 1986 **Wall-Street Online, New York**
Vice president Human resources
- 1980 – 1983 **Youth Correctional Institution, Annendale, New Jersey**
Clinical psychologist: Crisis intervention, individual- and group therapy,
diagnosis, treatment and evaluation of juvenile offenders
- 1976 – 1977 **Sanatorium Bellevue, Dr. Binswanger, Kreuzlingen, Switzerland**
Internship
- 1975 – 1976 **Austrian Chamber of Workers, Vienna**
Applied industrial & legal psychology
- 1973 **Max Planck Institute for Brain Research, Frankfurt/Main**
Computer programming researching transmission speed of electrical impulses in
nerves
- 1972 **University of Innsbruck, Psychology Department**
Computer and Statistical Analysis
- 1970 **Linotype GmbH, Frankfurt/Main**
Systems programmer
- 1970 **Control Data Systems**
Systems Analyst

EDUCATION

- 2014 **PhD in Psychotherapy Science**, Sigmund Freud Privatuniversität
Title: *Unterstützung des Lehrens und Lernens von Grundlagenwissen der
Psychoanalyse mittels der Psychoanalytischen Filmdatenbank. Theoretische
Perspektiven. Entwicklung der Datenbank*
Surveys on the theoretical backgrounds of psychoanalytical film interpretation,
philosophy of language and theory of learning accompany the introduction of
the "Psychoanalytical Film Database" as a learning tool containing a collection of
film clips coded according to psychoanalytical categories and terms.
- 1997 **Advanced Organisational Consultant**, Tavistock Institute, London
Title: *Fluktuation und Abwehrmechanismen in einer Multiple Sklerose Abteilung
eines psychosomatischen Krankenhauses.*
- 1989 **National Credited Psychoanalyst**, National Psychological Association for
Psychoanalysis, New York
- 1976 **PhD in Philosophy**, University of Innsbruck
Title: *Einstellungsmessungen an Tiroler Industriearbeitern*
Empirical research work focusing on motivational aspects of Tyrolean workers

LECTURES & SPEECHES

- Introductory Lectures on Psychoanalysis
- Psychoanalysis/Sexuality
- Psychopathology I and II
- Personality Disorders
- Borderline Personality Disorders
- Group Processes and Dynamics
- Crisis Intervention
- Freud Reading Classes
- Object Relations
- New Media in Teaching Psychoanalysis
- Interpretation of Dreams
- History of Groupanalysis
- Regression and Fixation
- SFU Summerschool: Introduction to Psychodynamic Thinking
- Speech: Psychoanalytische Aspekte des Fundamentalismus
- Speech: Über den individuellen und gesamtökonomischen Gewinn von Krankenkassen finanzierte Psychoanalysen
- Workshops, Speeches: Einsatz der Gruppenpsychoanalyse für AMS – Mitarbeiter
- Speech: Psychoanalyse des Lernen
- Speech: Der Beitrag des Militärs in der Entwicklung der Gruppenpsychoanalyse
- Speech: Psychotherapie im Alter
- Speech: Ethik und Psychoanalyse

MEMBERSHIPS

- Corresponding Member of the “Wiener Arbeitskreises für Psychoanalyse” - Vienna Work Committee for Psychoanalysis (until 2016)
- Founding Member of the Bulgarian Society for Group Psychoanalysis
- Member of the Board of the Tavistock Institute-Advanced Organisational Consultation Society (until 2007)
- Member of the American Psychological Association (until 1990)

LANGUAGES

German Mother tongue
English Mother tongue