

Start of the Basic International Psychodrama Course Summer term 2018

If you discover that this inspiring and effective approach to human problems and personality growth would be your long lasting professional choice the *Basic course* will prepare you for the further training towards the title of Psychodramatist in accordance with the FEPTO training standards.

After graduation from *Basic and Advanced Psychodrama Courses* there will be a possibility for continuation of the training in psychodrama, for two more semesters, that would lead participants to acquisition of the title of *Psychodramatist* in accordance with the training standards of the *Federation of European Psychodrama Training Organizations (FEPTO)*.

All those who have completed 3 years of studies in social sciences/humanities or have obtained equivalent work experience in psychosocial field within different organizations are eligible to apply for the course.

Participation

Course duration

In each semester participants attend three *course* – each course lasts for three semesters. *is divided into Basic course and Advanced International Psychodrama Course* at SFU

Psychodrama was defined by its founder as the science which explores the «truth» by dramatic methods. Truth, in Moreno's definition of psychodrama, is one's unique perception of the world, of one's place in that world, and of one's relationships with the others who co-create that world. Participants in psychodrama are helped to examine areas of concern, better understand themselves and their history, resolve loss and trauma, overcome fears, improve their relationships, express and integrate blocked thoughts and emotions, practise new skills or prepare for the future.

Psychodrama is holistic in the sense that it takes into account the whole person – one's thoughts, feelings, behaviour, physical being, relationships, social context and history as integral dimensions of individual's well-being.

Sigmund Freud University welcomes you to the International Psychodrama Course conducted by leading international psychodrama trainers!

The course takes place in psychodrama's birth town of Vienna almost exactly 100 years after it was developed as the first group and action method of psychotherapy by Viennese psychiatrist Dr. Jacob Levy Moreno. Nowadays, psychodrama is practised by thousands of therapists in more than 100 countries, and has contributed ideas and techniques used in many other forms of psychotherapy as well as in education, human resources, counselling, social sciences and research.

- Self-experience through the method of psychodrama
- Theoretical education in the main concepts of psychodrama and group psychotherapy
- Training in usage of psychodrama action techniques and developing skills for conducting action work with groups and individuals
- Lecturing, training and supervision by most prominent international trainers

The international psychodrama course at SFU offers its participants



The SFU was accredited and recognized as a private university by the Austrian accreditation authority in 2005. Individual support, dialogue with the teaching staff, and the guarantee of practical relevance exemplify the high quality of studies at the SFU. The close connection between research and practice further encourages the acquisition of knowledge in a creative teaching and learning environment. In addition to the home university in Vienna with its four faculties Psychotherapy Science, Psychology, Medicine, and Law, the SFU offers locations in Paris, Milano, Ljubljana, Linz, and Berlin.

SFU Course Offerings

Psychotherapy Science
Vienna, Paris, Berlin, Linz, Ljubljana

Psychology
Vienna, Linz, Berlin, Milano

Law
Vienna

Human Medicine, Dentistry, Pharmacy
Vienna

Sigmund Freud University Vienna
Freudplatz 1, 1020 Vienna, Campus Prater
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Find more information about SFU courses and locations at www.sfu.ac.at



International psychodrama course Sigmund Freud University

INFORMATION @ PROGRAM

International Psychodrama Course Sigmund Freud University Vienna



PRO GRAM

Basic course in psychodrama

Duration 3 semesters
Number of workshops 9 workshops of 4 days
 (3 workshops per semester)
Number of training days 36 days

After successful completion of the Basic course participants are issued the *Certificate of the Basic psychodrama course*.

Type of activity	Duration of activity 1 training hour = 45 min	Number of activities	Total number of training hours
Screening interviews	1 hour	2 interviews	2 hours
Self-experience	4 hours	36 sessions	144 hours
Theory and techniques	10 hours	14 days	140 hours
Training for conducting inside the training group (methodology)	10 hours	4 days	40 hours
Supervision *	10 hours	during the course	10 hours
Psychodrama practice hours **	—	—	—
Feedback sessions	2 hours	1 session	2 hours
Preparing papers under mentorship	2 hours	2 consultations	4 hours
Final Practical Exam	—	—	—
			342 hours

Advanced course in psychodrama

Duration 3 semesters
Number of workshops 9 workshops of 4 days (3 workshops per semester)
Number of training days 36 days
Number of practice hours 160 hours

After successful completion of the Advanced course participants are issued the *Certificate of the Advanced psychodrama course*.

Type of activity	Duration of activity 1 training hour = 45 min	Number of activities	Total number of training hours
Screening interviews	—	—	—
Self-experience	4 hours	36 sessions	144 hours
Theory and techniques	2 hours	30 lectures	60 hours
Training for conducting inside the training group (methodology)	10 hours	12 days	120 hours
Supervision *	—	continuous during the course	80 hours
Psychodrama practice hours **	—	minimum 1 year	160 hours
Feedback sessions	2 hours	3 sessions	6 hours
Preparing papers under mentorship	2 hours	5 consultations	10 hours
Final Practical Exam	5 hours	1 session	5 hours
			585 hours
			927 hours

* In these 90 hours of supervision there will be a minimum of 40 hours of supervision of the individual psychodrama trainee of a trainee team conducting a group.

** Hours of practicing as director or co-director in own practice under supervision. These hours can contain time of the session and if working in couple time of processing with a co-director before and/or after the session.

optional Additional year of the training

Additional year of the training in accordance with FEPTO requirement of 4 year duration of psychodrama training for the title of Psychodramatist

The additional (4th) year of the training can be added after the completion of the Advanced course. This year would be available for those students that would want to reach Federation of European Psychodrama Training Organizations' (FEPTO) training standards for the title of Psychodramatist and/or those students who need additional time to fulfill some of the requirements of the Advanced course (for instance: clinical practice under supervision, self-experience).

Type of activity	Duration of activity 1 training hour = 45 min	Number of activities	Total number of training hours
Practice under supervision	—	during the year	80 hours
Supervision	—	during the year	25 hours
Training for conducting inside the training group (methodology)	10 hours	4 days	40 hours
Self experience	—	during the year	48 hours
			193 hours

Basic Course International Psychodrama Trainers



Jorge Burmeister specialized in Psychiatry and Psychotherapy in Switzerland and Spain. He was trained in Psychodrama (Grete Leutz) as well as in CBT, Analytical Pair and Family therapy, Guided Day Dream Technique and Jungian analysis.



Sue Daniel is a psychodrama trainer, educator and practitioner (TEP) and one of the early pioneers of psychodrama in Australia and New Zealand. She is the director of the Psychodrama Institute of Melbourne and the founder of the Moreno Psychodrama Society and the Australian and Aotearoa Board of Psychodrama.



Ursula Hauser is a trainer and supervisor in Psychodrama, Psychoanalyses, Method of *Grupo operativo* in different countries: Costa Rica, El Salvador, Nicaragua, México, Bolivia, Cuba, Switzerland, Austria, Italy. She has 20 years of work experience in Palestine with Psychodrama.



Vladimir Milošević is a psychiatrist and psychodrama psychotherapist, trainer and supervisor. He is a co-founder of the Institute for Psychodrama in Belgrade, Serbia (EAPT) and has over 25 years of experience in practicing and teaching psychodrama in different countries.



Ivana Slavkovic is a psychodrama psychotherapist, trainer, supervisor and ECP holder. She is a co-founder of the Institute for Psychodrama in Belgrade, Serbia (European Accredited Psychotherapy Training Institute since 2007).



Susie Taylor is Co-Course Leader in Birmingham Institute for Psychodrama. She is registered with the British Psychodrama Association (BPA) as a Senior Trainer and is a co-founder of the Oxford Psychodrama Group.

CONTACT psychodrama@sfu.ac.at
 for application and additional information