

Contact

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psihoterapija.eu/en/ (Company)

Top Skills

Social Skills
Humanitarian
Determination

Languages

German
Croatian
English

Certifications

Certification for Cognitive - Behavioral Approach

Honors-Awards

SPR Award
SFU Vienna Student award

Publications

Peer reviewed scientific article:
Establishing and preservation of the control system of an individual with physical disability for realization of inner goals

Psychotherapy research is blooming:
Report on 49th International Annual Meeting of the Society for Psychotherapy Research (SPR) in Amsterdam, 27th – 30th of June, 2018

Bernik U. L. (2017). "Težave lahko rešimo z metodo reševanja problemov." (Problems can be solved through a problem-solving method." – in Slovene) Ekstravaganca 12: 4-7

Lea Bernik

Team member at Department for Qualitative Psychotherapy Research Vienna, Lecturer at SFU , Private pract Psychotherapist Slovenia

Summary

I am practitioner and researcher in the field of Psychotherapy, Team member of Institut für Qualitative Psychotherapieforschung in (Department for qualitative Psychotherapy Research) in Vienna. Lecturer, Research and Pedagogical team Member at SFU Ljubljana, use to be SPR Slovenia contact, SPR coordinator in Slovenia. I am a member of International Multidisciplinary Scientific Society for Psychotherapy Research (SPR), a member of the Slovenian Association for Psychotherapy and Counseling (SZPS), the Association for Psychosocial Counseling and Psychotherapy of Slovenia (PSIP) and reviewer for KAIROS.

Doctoral candidate in Psychotherapy Science at SFU Vienna.

Student specializing at Institute for Psychodynamic psychotherapy.

Skills and expertise:

- mental illness
- counseling
- psychopathology
- clinical practice in Psychotherapy
- therapeutic alliance
- clinical assessment
- Psychodynamic psychotherapy, psychoanalysis, cognitive-behavioural psychotherapy
- Psychotherapy research: process and outcome
- psychotherapeutic interventions: people with physical disabilities
- Psychological resilience
- Phenomenology and psychotherapy
- psychotherapy research
- holistic understanding of Psychotherapy

- Psychosocial help in social security,

- Psychotherapy (different approaches)
- Educational system,
- Health care,
- Psychosocial rehabilitation programmes,
- Penology or anywhere the various forms of psychosocial help,
- Working in the field of social welfare (non-governmental organization)
- Practice Supervisor for students (SFU Ljubljana, Faculty of Social work)
- Suggesting new company policies in accordance with the legislation
- Project management
- Applying for new projects

Experience

Department/Institute for Qualitative Psychotherapy Research

Team member

June 2020 - Present (6 months)

Vienna, Austria

SFU

4 years 2 months

University Lecturer

October 2018 - Present (2 years 2 months)

Ljubljana, Slovenija

Research and Pedagogical Board Member at SFU Ljubljana

October 2016 - Present (4 years 2 months)

Ljubljana, Slovenia

Psychotherapy and counseling, Lea Bernik, s.p.

Founder at Psychotherapy and counseling, Lea Bernik, s.p.

October 2016 - Present (4 years 2 months)

Ljubljana, Slovenia

I offer individual psychotherapy and counseling, psychotherapy and counseling for people with physical disabilities, also for their loved ones, for couples and for groups. I would like to point out here that my actions in this process of psychotherapy and counseling is based on respect for the values and

dimensions of each person, his individuality, and I aspire to the importance of the interpersonal relationship between the therapist and the client. My clinical work is also part of my psychotherapy research.

More about my practice:

<https://psihoterapija.eu/en/>

Slovenian Association of Disabled Students

Program Manager

2007 - April 2017 (10 years)

I work in the field of social welfare. I organize programs that help students with disabilities to independent living. I am providing psychosocial help for students with disability. Working in the field of personal assistance, extracurricular activities, volunteering and employment of disabled students. I am applying for the these projects at a given tender. I'm editor of the magazine "Extravaganza".

Education

Institute for Psychodynamic Psychotherapy

· (2019)

Doctoral Study at Sigmund Freud University, Vienna

PhD Candidate for English program of Psychotherapy Science at SFU

Vienna, Interpersonal Relationship, Physical disability, Body fenomenology,

Perception, Theraputic alliance · (2016 - 2016)

School of advanced social studies

Master's degree, Psychosocial help · (2014 - 2016)

UL, Faculty of Arts

Master's degree, Information Science/Studies · (2011 - 2014)