



The SFU was accredited and recognized as a private university by the Austrian accreditation authority in 2005. Individual support, dialogue with the teaching staff, and the guarantee of practical relevance exemplify the high quality of studies at the SFU. The close connection between research and practice further encourages the acquisition of knowledge in a creative teaching and learning environment. In addition to the home university in Vienna with its four faculties Psychotherapy Science, Psychology, Medicine and Law, the SFU has locations in Paris, Milan, Ljubljana, Linz, and Berlin.

SFU study programmes

**Psychotherapy Science**

→ Vienna, Paris, Berlin, Linz, Ljubljana

**Psychology**

→ Vienna, Linz, Berlin, Milan

**Human Medicine**

**Dentistry**

→ Vienna

**Law**

→ Vienna

**Sigmund Freud University Vienna**  
Faculty of Psychotherapy Science

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Find out more at  
[sfu.ac.at/en](http://sfu.ac.at/en)



Stand Juli 2023  
Medieninhaber Sigmund Freud PrivatUniversität, 1020 Wien



We don't just start careers  
We encourage personality

**Bachelor (BA. pth.)  
Master (Mag. pth.)  
Psychotherapy Science**



SIGMUND FREUD UNIVERSITY  
PSYCHOTHERAPY SCIENCE **PTW**

**What distinguishes Psychotherapy studies at the SFU?**

- Dedicated teaching and research
- Individual support & mentoring
- Learning in small groups
- Personal contact with lecturers
- Early involvement in research projects
- Practical relevance from the 1st semester

**Admission Criteria**

- university entrance qualification
- admission procedure (two personal interviews and one admission seminar)

**Academic Degrees**

- Bachelor (BA. pth.)
- Master of Psychotherapy Science (Mag. pth.)
- Doctor of Psychotherapy Science (Dr. scient. pth.)

**Program Duration**

- 6 semesters (BA. pth.)
- 4 semesters (Mag. pth.)
- 6 semesters (Dr. scient. pth.)

**Study Programme Psychotherapy Science**

The Psychotherapy Science study programme at the SFU provides the first pan-European academic, theoretical-scientific, and practical preparation for the psychotherapist profession. From the start studies are supplemented by student self-awareness courses and practical placements. From the third year on, the study programme provides comprehensive specialization in well-established scientific psychotherapeutic methods: psychoanalysis, systemic family therapy, Gestalt therapy, individual psychology, behavioral therapy, existential analysis and psychodrama. Courses are offered in German or English.

**Doctorate in Psychotherapy Science (Dr. scient. pth.)**

The focus of the doctoral programme is on qualitative and quantitative research and based on empirical, theoretical, phenomenological, hermeneutical and historical papers, including critical analysis of existing research fields or psychotherapeutic schools. The fact that students from all over the world are involved in the international doctoral programme makes this academic study unique in its charm and atmosphere. More information at [www.sfu.ac.at/en](http://www.sfu.ac.at/en)


**SFU Outpatient Clinic**  
[ambulanz.sfu.ac.at/en](http://ambulanz.sfu.ac.at/en)

SFU Vienna runs its own outpatient clinic consisting of a clinic for adults (+43 1 79 89 400, [ambulanz@sfu.ac.at](mailto:ambulanz@sfu.ac.at), Saltzorgasse 5, 1st floor/1010 Vienna). In addition to the German outpatient clinic, there is also an international clinic that caters to the need of non-German speakers. The international clinic provides adult refugees and migrants with the highest quality of therapy. Non- and limited-English speaking adults receive care with the assistance of psychotherapy trainees who speak the languages most commonly encountered in the clinic: Turkish, Serbo-Croatian, Russian and English. In addition there are two clinics for children & adolescents, enabling students to undergo psychotherapy training in a way that complements their academic work. Clinical training is available in English.



**Summer School Psychotherapy Science**

Every year in summer SFU Vienna opens its doors for international students to present a blend of its strength in psychotherapy science. SFU's Summer School aims at attracting students from around the world, creating a vibrant and diverse atmosphere. There is a different focus every year. For detailed information visit: [ptw.sfu.ac.at/en/summer-school](http://ptw.sfu.ac.at/en/summer-school)

 **Erasmus+ study abroad**

SFU is part of the European Union's Erasmus+ programme. Please contact us for further information [international@sfu.ac.at](mailto:international@sfu.ac.at)

**Information Evenings and Open House Day**

Find out more about studying Psychotherapy Science in the English programme at SFU. Meet staff members and students at our Information Evenings or Open House Days. We are looking forward to meeting you.

**Bachelor (BA. pth.)**

SEMESTER	UNIT	ECTS	UNITS
SEMESTER 1	M.1 LECT Lecture series – Perspectives of psychotherapy science	1.5	1
	M.1 PS Psychotherapy as a science	2	1
	M.1 PS Psychotherapy as a profession	2	1
	M.1 LECT History and theoretical development of the psychotherapy schools I	3	2
	M.1 PS History and theoretical development of the psychotherapy schools I	2	1
	M.1 WS Academic writing I	0.5	0.5
	M.2 LECT General psychology I	1.5	1
	M.2 LECT Differential psychology	3	2
	M.2 LECT Psychological diagnostics I	3	2
	M.3 LECT Introduction to medical terminology	3	2
	M.3 LECT Psychiatry I	1.5	1
	M.3 LECT Fundamental principles of neuroscience	1.5	1
	M.4 PR Clinical placement	4	
	M.4 PRS Training supervision and reflection I	0.5	0.5
	M.4 PD Self-awareness I	1	1
	SEMESTER 2	M.1 LECT History and theoretical development of the psychotherapy schools II	1.5
M.1 PS History and theoretical development of the psychotherapy schools II		2	1
M.1 PRS Training supervision and reflection II (focus on documentation)		1	1
M.2 LECT Psychological diagnostics II		1.5	1
M.2 WS Psychological diagnostics II		1	1
M.3 LECT Psychiatry II		3	2
M.3 LECT Rehabilitation, special needs and therapeutic psychology		3	2
M.4 PS Forms of psychosocial intervention I		4	2
M.4 PR Clinical placement		5.5	
M.4 PD Self-awareness II		1	1
M.5 LECT Scientific research methods I		3	2
M.5 WS Scientific research methods I		1.5	1
M.5 PS Academic writing II	2	1	
SEMESTER 3	M.1 LECT History and theoretical development of the psychotherapy schools III	1.5	1
	M.1 PS History and theoretical development of the psychotherapy schools III	2	1
	M.1 PS Basics in cultural studies I	2	1
	M.1 PRS Training supervision and reflection III	1	1
	M.2 LECT General psychology II	1.5	1
	M.2 LECT Developmental psychology	1.5	1
	M.2 PS Developmental psychology	1.5	1
	M.2 LECT Social psychology	1.5	1
	M.3 LECT Psychopharmacology	3	2
	M.3 PS Psychopharmacology	2	1
	M.4 PR Clinical placement	4.5	
	M.4 PD Self-awareness III	1	1
M.4 WS Research workshop I	1	1	
M.5 LECT Statistical data analysis and quantitative methods	1.5	1	
M.5 WS Statistical data analysis and quantitative methods	1.5	1	
M.6 LECT Introduction to the healthcare system	1.5	1	
M.6 LECT Introduction to the health insurance system	1.5	1	
SEMESTER 4	M.1 PS Basics in cultural studies II	1.5	1
	M.1 LECT Psychotherapy and gerontology	1.5	1
	M.1 WS Elective – Window of Opportunity*	1	1
	M.1 PRS Training supervision and reflection IV	0.5	0.5
	M.3 LECT Psychosomatics	3	2
	M.3 WS First aid	1	1
	M.3 LECT Child and youth psychiatry	3	2
	M.4 PR Clinical placement	4.5	
	M.4 LECT Ethics	1.5	1
	M.4 PS Ethics	1.5	1
	M.4 PS Forms of psychosocial intervention II	3	2
	M.5 LECT Scientific research methods II	1.5	1
M.5 WS Academic writing III	0.5	0.5	
M.6 LECT Law in the healthcare system	1.5	1	
M.6 PS Law in the healthcare system	1.5	1	
M.6 LECT Introduction to the healthcare environment	1.5	1	
M.6 LECT Principles of psychosocial care	1.5	1	
SEMESTER 5	M.1 LECT General psychopathology	3	2
	M.1 SE MOD Basic principles of personality theory and development	3	2
	M.1 SE MOD Scientific terminology	3	2
	M.1 SE MOD Principles of psychopathology I	1.5	1
	M.4 MPR MOD Clinical placement	7	
	M.4 MPRS MOD Training supervision and reflection V	1.5	1
	M.4 MPD MOD Self-awareness I-internal	2	2
	M.4 WS Principles of psychotherapeutic discourse	1	1
	M.5 LECT Qualitative interpretation	1.5	1
	M.5 WS Qualitative interpretation	1.5	1
	M.5 PS Academic writing IV	2	1
	M.5 WS Research workshop II	1	1
M.6 PS Sexuality	2	1	

\* Attendance of a research practicum, or of the method day, or of conferences or book presentation (2oh) + submission of a report

**Bachelor (BA. pth.)**

SEMESTER	UNIT	ECTS	UNITS
SEMESTER 6	M.4 MPR MOD Clinical placement	4.5	
	M.4 MPD MOD Self-awareness II-internal	2	2
	M.4 PS Crisis intervention	2	1
	M.6 LECT Differential psychopathology	1.5	1
	M.6 SE MOD Principles of psychopathology II	4	2
	M.6 SE MOD Principles of therapy techniques	2	1
	M.6 LECT Group processes and dynamics	1.5	1
M.6 PS Group processes and dynamics	2	1	
M.7 Bachelor thesis	8.5		
M.7 Final examination	2		

**Master (MAG. pth.)**

SEMESTER	UNIT	ECTS	UNITS	
SEMESTER 1	M.1A LECT Health and illness in a social perspective	1.5	1	
	M.1A LECT Sexual disorders	1.5	1	
	M.1A LECT Physical impairments: Forms of intervention	1.5	1	
	M.1A SE MOD Historical development of psychotherapy method	1.5	1	
	M.1A SE MOD Theory of personality and psychological development	1.5	1	
	M.1A SE MOD Psychopathology I	1.5	1	
	M.1B MPR (modality workshop) Psychotherapeutic praxis – Schools in dialogue	0.5	0.3	
	M.1B WS MOD Treatment techniques I	2	2	
	M.1B MPRS MOD Reflection of the praxis with a focus on psychotherapeutic diagnostics	1	1	
	M.1B MPRS MOD Reflection of the praxis with a focus on therapy planning and structure	1	1	
	M.1B MPD MOD Self-awareness – internal	2	2	
	M.1B MPD MOD Self-awareness – external	2	2	
	M.4 MPR MOD Clinical placement	4.5		
	M.4 MPRS MOD Reflection of the clinical placement	1	1	
	M.4 MP MOD Praxis	4.5		
M.5 LECT Quantitative methods in psychotherapy research	1.5	1		
M.5 WS Quantitative methods in psychotherapy research	1	1		
SEMESTER 2	M.1A LECT Health and illness in a historical perspective	1.5	1	
	M.1A LECT Differential psychopathology I – Trauma	1.5	1	
	M.1A LECT Psychological disorders in the social context	1.5	1	
	M.1A LECT Diagnostic coding and classification standards	1.5	1	
	M.1A SE MOD Psychopathology II	1.5	1	
	M.1B MPR (modality workshop) Psychotherapeutic praxis – Schools in dialogue	0.5	0.3	
	M.1B PS Professional patient-centered care	1.5	1	
	M.1B WS MOD Treatment techniques II	2	2	
	M.1B MPRS MOD Reflection of the praxis with a focus on indication and contraindication	1	1	
	M.1B MPRS MOD Reflection of the praxis with a focus on case presentation methods	1	1	
	M.1B MPRS MOD Reflection of the praxis with a focus on case presentations I	1	1	
	M.1B MPD MOD Self-awareness – external	3		
	M.4 MPR MOD Clinical placement	2.5		
	M.4 MP MOD Praxis	7.5		
	M.5 LECT Qualitative psychotherapy research methods	1.5	1	
M.5 WS Qualitative psychotherapy research methods	1	1		
SEMESTER 3	M.1A LECT Psychotherapy, neuroscience and genetics	1.5	1	
	M.1A LECT Differential psychopathology II – Psychosis	1.5	1	
	M.1B MPR (modality workshop) Psychotherapeutic praxis – Schools in dialogue	0.5	0.3	
	M.1B SE Malpractice in the psychotherapeutic context	2	1	
	M.1B SE MOD Treatment techniques III	2	1	
	M.1B MPRS MOD Reflection of the praxis with a focus on case presentation II	1	1	
	M.1B MPD MOD Self-awareness – external	3	2	
	M.4 MPR MOD Clinical placement	4		
	M.4 MP MOD Praxis	8		
	M.5 SE Seminar for graduates I	2	1	
	M.5 WS Workshop for psychotherapy research	1.5	1	
	M.8 LECT Clinical elective	1.5	1	
	M.8 LECT Philosophical and social scientific elective	1.5	1	
	SEMESTER 4	M.1A LECT Psychotherapeutic advice	1.5	1
		M.1A LECT Differential psychopathology III – Addiction	1.5	1
M.1B MPRS MOD Case presentation seminar for graduates		2	2	
M.4 MP MOD Praxis		4		
M.5 SE Seminar for graduates II		2	1	
M.7 Master thesis		14		
M.7 Final examination		5		

**Legend**

LECT Lecture	M.1 Psychotherapy science
PS Proseminar	M.1A Psychotherapy science: Theoretical fundamentals
WS Workshop	M.1B Psychotherapy science: Applied psychotherapy science
SE Seminar	M.2 Psychological basics
PD Personal Development	M.3 Medical basics
PRS Reflection of the Practicum	M.4 Praxeology
PR Practicum	M.5 Research methods
MPD Method-specific Personal Development	M.6 Fundamental principles of psychotherapy practice
MPRS Method-specific Reflection of the Practicum	M.7 Thesis and examination
MPR Method-specific Practicum	M.8 Electives
MOD modality specific training (Psychoanalysis, Systemic Family Therapy, Gestalt Therapy, Please note that courses only take place with a minimum number of participants.)	