



## RESEARCH PROJECTS 2020/21

### **Hermeneutic reflection on corona – Research project** *(Ing. Mag. Paolo Raile, MSc)*

Relevant for this research project are above all the questions how this new situation affects us, which thoughts and feelings we experience in the corona crisis and how we deal with it. In addition, these texts can be pseudonymized and published as an artistic-scientific book of experience or used as teaching material for future generations of psychotherapists. For the survey, participants are invited to write a 2 to 10-page text in which they write about their experiences, feelings, difficulties, and coping strategies.

Continuation of the project from last semester!

Research points are awarded according to the length of the texts. **2 pages = 1 research point, 5 pages = 2 research points, 8-10 pages or more = 3 research points.**

Contact for registration and sending the study forms: Ing. Mag. Paolo Raile, MSc, [paolo.raile@sfu.ac.at](mailto:paolo.raile@sfu.ac.at)

You can find the study forms required for participation here: <https://ptw.sfu.ac.at/en/research/research-projects/>

**Participation is possible in German and English.**

### **Resiliency during Corona – Research project** *(Lea Bernik, PhD)*

Resiliency is the ability to cope during a crisis regarding the physical, emotional and mental state. This qualitative research investigates how psychotherapists improve their psychological wellbeing by activating and nurturing resilience, both connected to their work experience as well as their personal lives at home. There will be an online meeting in a small group of all participants, followed by questionnaires you later fill out for the research project.

Project takes place as soon as more than 3 students have registered. Project takes place in English language and is open for all students. Students, who participate get **4 research points**.

Please contact for registration: Lea Bernik, PhD [lea.bernik@mail.sfu.ac.at](mailto:lea.bernik@mail.sfu.ac.at)

You can find the study forms required for participation here: <https://ptw.sfu.ac.at/en/research/research-projects/>

**Participation is possible in English.**

### **Body-less Therapy – Research project** *(Mag.<sup>a</sup> Birgitta Schiller)*

The current Covid-19 crisis also represents an unprecedented challenge for our professional field. From one day to the next, we had to adapt our therapy sessions to telephone or online contacts.

What does this mean for the therapeutic relationship? Can the relation be maintained in a disembodied room? Or is the body not lost when a good therapeutic relationship has already been established? Questions over questions you can help with.

We ask for your expert reflection on the therapy units (currently permitted by the Ministry of Health) by telephone and on video online platforms. You can design and write your contributions as you like, here as a suggestion a few possible points: Reactions of the clients and patients to the change, Suitability or not suitability for therapeutic treatment, Difference "face to face" and "disembodied" therapy via telephone and video online portals, Difference phone and video online portals, perception of the relationship, perception of the body, Perception of transference and countertransference, Perception of physical countertransference phenomena despite disembodied therapy.

Starting now!

Please send your contribution to [birgitta.schiller@sfu.ac.at](mailto:birgitta.schiller@sfu.ac.at). If you participate in the project you will receive **3 research points**.

You can find the study forms required for participation here: <https://ptw.sfu.ac.at/en/research/research-projects/>

**Participation is possible in German and English.**

**Focus groups “body in psychotherapy” – Research Project** (Mag.<sup>a</sup> Birgitta Schiller, Eva Wimmer, MA)

Dear SFU students and dear colleagues!

We invite you to participate in a group discussion as part of an SFU outpatient clinic research project! You will receive **2 research points** and can actively support psychotherapy research. The discussion will take about 60 minutes.

The topic of the group discussions is "The body in psychotherapy". We would like to openly discuss everything that comes to your mind. All given input in the group discussions is confidential and will be anonymized later, so that your identity, as well your client's identity remains protected.

The interviews are recorded, qualitatively evaluated, and used in the context of scientific research at the SFU. The group discussions will be conducted online with ZOOM.

For registration and further information, please contact [birgitta.schiller@sfu.ac.at](mailto:birgitta.schiller@sfu.ac.at)

The group discussion takes place with a minimum of 3 and a maximum of 10 participants.

Kind regards

Assoz. Prof.in Dr.in Kathrin Mörtl | Eva Wimmer, MA | Mag.a Birgitta Schiller | Mag. Manfred Reisinger | Isabella Wagner BA BA | Mag.a Elitsa Tilkidzhieva

Institute for qualitative research in psychotherapy and psychosomatics

You can find the study forms required for participation here:

<https://ptw.sfu.ac.at/en/research/research-projects/>

**Participation is possible in German and English.**



*Register*



*Join research*



*Collect ECTS*