

Sigmund Freud University

Curriculum for Psychotherapy Science

Bakkalaureat Programme

1. Semester

Module	Course/Lecture name	Type	Unt	ECTS
1.1	Fundamental Principles of Psychology I			
	General Psychology I	LECT	2	4
	Fundamental Principles of Neuroscience	LECT	1	2
1.2	Developmental Psychology			
	Cognitive Development	LECT	1	2
	Emotional and Social Development	LECT	1	2
1.3	Psychological Diagnostics I			
	Psychological Diagnostics I	LECT	2	4
1.4	Fundamental Principles of Medicine I			
	Introduction to Medical Terminology	LECT	2	4
	Psychiatry I	LECT	1	2
1.5	History of Psychotherapy I			
	History and Theoretical Development of the Psychotherapy Schools I	LECT	2	4
	History and Theoretical Development of the Psychotherapy Schools I	PS	1	2
1.6	Fundamental Principles of Psychotherapy Practice I			
	Psychotherapy as a Science	LECT	1	1,5
	Psychotherapy as a Profession	LECT	1	1,5
	Self-Awareness I	PE	1	1
	Total		16	30

2. Semester

Module	Course/Lecture name	Type	Unt	ECTS
2.1	Fundamental Principles of Psychology II			
	General Psychology II	LECT	2	4
2.2	Fundamental Principles of Medicine II			
	Psychiatry II	LECT	2	3
	Rehabilitation, Special Needs and Therapeutic Psychology	LECT	2	3
2.3	Psychological Diagnostics II			
	Psychological Diagnostics II	LECT	1	2
	Psychological Diagnostics II	UE	1	1
	Differential Psychology	LECT	2	4
2.4	History of Psychotherapy II			
	History and Theoretical Development of the Psychotherapy Schools II	LECT	1	2
	History and Theoretical Development of the Psychotherapy Schools II	PS	1	2
2.5	Fundamental Principles of Psychotherapy Practice II			
	Praxeology: Forms of Psychosocial Intervention I	PS	2	3
2.6	Practical Training I			
	Clinical Placement I	PPR		4
	Training Supervision and Reflection I	PRS	1	1
	Self-Awareness II	PE	1	1
	Total		16	30

3. Semester

Module	Course/Lecture name	Type	Unt	ECTS
3.1	Fundamental Principles of Psychology III			
	Social Psychology I	LECT	2	4
3.2	Methodology I			
	Scientific Research Methods I	LECT	2	3
	Scientific Research Methods I	UE	1	1,5
3.3	History of Psychotherapy III			
	History and Theoretical Development of the Psychotherapy Schools III	LECT	1	2
	History and Theoretical Development of the Psychotherapy Schools III	PS	1	2
3.4	Fundamental Principles of Medicine III			
	Psychopharmacology	LECT	2	3
	Psychopharmacology	PS	1	2
3.5	Fundamental Principles of Psychotherapy Practice III			
	Social Framework: Introduction to the Healthcare System	LECT	1	2
	Social Framework: Introduction to the Health Insurance System	LECT	1	2
	Praxeologie: Forms of Psychosocial Intervention II	PS	2	3
3.6	Practical Training II			
	Clinical Placement II	PPR		3,5
	Training Supervision and Reflection II	PRS	1	1
	Self-Awareness III	PE	1	1
	Total		16	30

4. Semester

Module	Course/Lecture name	Type	Unt	ECTS
4.1	Fundamental Principles of Psychology IV			
	Social Psychology II	LECT	1	2
4.2	Fundamental Principles of Medicine IV			
	Psychosomatics	LECT	2	3
	Child and Youth Psychiatry	LECT	2	3
	First Aid	UE	1	1
4.3	Methodology II			
	Scientific Research Methods II	LECT	1	2
	Statistics und Empirical Methodology I	LECT	1	2
	Scientific Projects I	PS	1	2
4.4	Psychotherapy in the Social Framework			
	Law in the Healthcare System	LECT	1	1
	Law in the Healthcare System	PS	1	1
	Ethics	LECT	1	1
	Ethics	PS	1	2
4.5	Fundamental Principles of Psychotherapy Practice IV			
	Praxeology: Psychotherapy and Gerontology	LECT	1	2
	Introduction to the Healthcare Environment	LECT	1	1,5
	Principles of Psychosocial Care	LECT	1	1,5
4.6	Practical Training III			
	Clinical Placement III	PPR		4
	Training Supervision and Reflection III	PRS	1	1
	Total		17	30

5. Semester

Module	Course/Lecture name	Type	Unt	ECTS
5.1	Fundamental Principles of Medicine V			
	General Psychopathology	LECT	2	3
5.2	Methodology III			
	Statistics und Empirical Methodology II	LECT	1	2
	Statistics und Empirical Methodology II	UE	1	2
	Scientific Projects II	PS	1	2
5.3	Fundamental Principles of Psychotherapy Practice I (Method-Specific)			
	Basic Principles of Personality Theory and Development (Method-Specific)	SE	2	3
	Scientific Terminology (Method-Specific)	SE	2	3
	Principles of Psychopathology I (Method-Specific)	SE	1	1,5
5.4	Praxeology			
	Principles of Psychotherapeutic Discourse	UE	1	1
	Crisis Intervention	PS	1	2
5.5	Method Specific Practical Training IA			
	Clinical Placement IV	MPR		6,5
5.6	Method Specific Practical Training IB			
	Training Supervision and Reflection IV	PRS	2	2
	Method specific Self-Awareness I	MPE	2	2
	Total		16	30

6. Semester

Module	Course/Lecture name	Type	Unt	ECTS
6.1	Fundamental Principles of Psychotherapy Practice IIA			
	Differential Psychopathology	LECT	1	1,5
	Sexuality	LECT	1	1,5
	Group Processes and Dynamics	LECT	1	2
	Group Processes and Dynamics	PS	1	2
6.2	Fundamental Principles of Psychotherapy Practice IIB (Method-Specific)			
	Principles of Psychopathology II (Method-specific)	SE	2	4
	Praxeology: Principles of Therapy Techniques (Method-specific)	SE	1	2
6.4	Method-specific Practical Training II			
	Method-specific Self-Awareness II	MPE	2	2
	Clinical Placement V	MPR		5
6.5	Examinations			
	Bachelaureate Project			8
	Final Exams			2
	Total		9	30

Abbreviations:

PE: Self Awareness (Bachelor's course, Sem 1 to 4 – before selection of method))

PS: Seminar

LECT: Lecture

FLS: Literature Seminar

MPE: Self Awareness (method-specific)

MPR: Practical Training (method-specific)

PRS: Practical Seminar

PPR: Practical Training

UE: Workshop