

Sigmund Freud University – SUMMER SCHOOL 2017

Intensive Basics in Psychotherapy Science

As every year when it becomes summer, the Sigmund Freud University opens its door for interested students from all over the world and presents a blend of its strength in psychotherapy science. Psychotherapy science is a worldwide unique and pioneering study programme; its curriculum is designed according to the Austrian psychotherapy law and allows graduates to work as a psychotherapist. There is a crucial difference between psychotherapy science and psychology (even with counselling psychology): Psychotherapy science is based on the first and second person approach to the human soul, as in difference to psychology that is based on the third person perspective that is said to be 'scientific'. Psychotherapy science reunites, thus, hermeneutical with clinical knowledge and lays an emphasis on self-awareness and empathy.

This characteristic of the study programme is mirrored in the courses making up the summer school that we are happy to announce. In the first and the second week, four therapy schools (psychoanalysis, systemic family therapy, gestalt therapy, and person centred therapy) will be presented, each of them one (intensive) day long: While in the morning the theoretical foundations are discussed, the afternoon shifts the focus to treatment techniques, and in the evening the participants will practice self-awareness according to these modalities. The presentation of each modality is held by an Austrian training therapist. Beside lectures on specific topics – ranging from the difference between psychotherapy science and psychology over psychotherapeutic discourse to ethics in the psychotherapeutic treatment –, the summer school participants will spend two afternoons in the Sigmund Freud University's Outpatient Clinic. There, they will observe therapy sessions in this well know setting: Therapist and client in a room and the observers in another room separated by the one-way mirror – an experience that is highly instructive, as our regular students have reported.

In the third week the focus is laid on specific topics according to the specialisation of our professors. The self-awareness and the observation in the clinic are, of course, part of this week as well.

According to interests and/or free time, you can book one week, two or three weeks. For registration details and costs – see below.

The Sigmund Freud University would be happy to welcoming you in summer 2017.

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1st week 03.07.-09.07.2017

MON	09:00-10:00	<i>Registration – coffee and cake</i>	Social Event
	10:00-11:00	<i>Opening words and welcome</i>	Social Event
	11:00-13:00	Psychotherapy and Clinical Psychology – the Austrian Law Situation	Lecture
	13:00-14:00	<i>Lunch break</i>	-
	14:00-17:30	The Psychotherapeutic Modalities – an Overview	Lecture
	18:00-21:00	<i>Coming together – Visiting the “Schweitzer Haus”</i>	Social Event
TUE	09:00-13:00	The History of Psychotherapy	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Observation in the SFU Outpatient Clinic	Therapy Observation
WED	09:00-13:00	Psychoanalysis – Core Concepts	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Psychoanalysis – Treatment Techniques	Workshop
	17:00-18:30	<i>Self-Awareness (psychoanalytic)</i>	Self-Awareness
THU	09:00-13:00	Systemic Family Therapy – Core Concepts	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Systemic Family Therapy – Treatment Techniques	Workshop
	17:00-18:30	<i>Self-Awareness (systemic)</i>	Self-Awareness
FRI	09:00-13:00	Observation in the SFU Outpatient Clinic	Therapy Observation
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Psychotherapy and Its Importance in the Healthcare System	Lecture
	17:00-18:30	<i>Self-Awareness (psychoanalytic)</i>	Self-Awareness
SAT	<i>Free</i>		
SUN	<i>Free</i>		

2nd week 10.07.-16.07.2017

MON	08:30-09:00	<i>Registration (for Newcomers)</i>	Social event
	09:00-13:00	Gestalt Therapy – Core Concepts	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Gestalt Therapy – Treatment Techniques	Workshop
	17:00-18:30	<i>Self-Awareness (gestalt)</i>	Self-Awareness
	19:00-21:00	<i>Coming together – Visiting the “10er Marie”</i>	Social Event
TUE	09:00-13:00	Observation in the SFU Outpatient Clinic	Therapy Observation
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Psychotherapeutic Discourse	Lecture
	17:00-18:30	<i>Self-Awareness (systemic)</i>	Self-Awareness
WED	09:00-13:00	Psychotherapeutic Discourse	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Visiting the SFU Outpatient Clinic for Children	Therapy Observation
THU	09:00-13:00	Person Centred Psychotherapy – Core Concepts	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Person Centred Psychotherapy – Treatment Techniques	Workshop
	17:00-18:30	<i>Self-Awareness (person centred)</i>	Self-Awareness
FRI	09:00-13:00	Diagnostics in Psychiatry, Clinical Psychology and Psychotherapy	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-18:00	Observation in the SFU Outpatient Clinic	Therapy Observation
SAT	<i>Free</i>		
SUN	<i>Free</i>		

3rd week 17.07.-21.07.2017

MON	08:30-09:00	<i>Registration (for Newcomers)</i>	Social Event
	09:00-13:00	Ethics in Psychotherapy	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Psychotherapeutic Work with Traumatized Persons	Lecture
	17:00-18:30	<i>Self-Awareness (person centred)</i>	Self-Awareness
	19:00-21:00	<i>Coming together – Visiting the Silberwirt</i>	Social Event
TUE	09:00-13:00	Observation in the SFU Outpatient Clinic	Therapy Observation
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Forensic Psychotherapy	Lecture
	17:00-18:30	<i>Self-Awareness (gestalt)</i>	Self-Awareness
WED	09:00-13:00	The Importance of Psychosomatics for Psychotherapy	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Psychotherapeutic Work with Persons Suffering from Sexual Disorders	Lecture
	17:00-18:30	<i>Self-Awareness (psychoanalytic)</i>	Self-Awareness
THU	09:00-13:00	Observation in the SFU Outpatient Clinic	Therapy Observation
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Dream Seminar and Large Group	Self-Awareness
	17:00-18:30	<i>Self-Awareness (systemic)</i>	Self-Awareness
FRI	09:00-13:00	Child Psychotherapy – Theory and Concepts	Lecture
	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Child Psychotherapy – Case examples and Self-Experience	Workshop
	17:30---	<i>Farewell Party – Kubik and Band Unplugged</i>	Social Event

Prices:

One week only: € 1.000
 Two weeks: € 1.800 (= € 900 p.w.)
 Three weeks: € 2.400 (= € 800 p.w.)

Early birds special (booking until 30.04.2017): € 100 reduction

Sign up a friend/colleague and receive a discount of € 50 (on the overall amount)

Included in the price:

Type	Hours (1 st + 2 nd + 3 rd week) sum
Lecture	(20 + 18,5 + 19,5) 58
Workshop	(5 + 5 + 2,5) 12,5
Therapy Observation	(6,5 + 10 + 8) 24,5
Self-Awareness	(4,5 + 4,5 + 8,5) 17,5
Social Event	~14 (depending on individual leave)

The scheduled "social events" (Schweitzer Haus, 10er Marie, Silberwirt, Fare Well Party) are included (eating, drinks)

NOT included: flight costs, hotel costs, lunch break costs

Cancellation policy:

75% of costs are not refundable if you cancel within two month before the starting of the Summer School. If you cancel earlier, 90% will be refunded.

Registration:

international@sfu.ac.at

With your registration, you will be informed about the booking modalities.

The summer school takes place if **minimum 15** students are registered.

We accept **35** students as a **maximum**.