

Sigmund Freud University Curriculum for Psychotherapy Science

Master's Programme

1. Semester (M1)

Module	Course/Lecture name	Type	Unt	ECTS
1.1	Clinical & Theoretical Principles of Psychotherapy: General			
	General Psychopathology	LECT	1	1,5
	Sexual Disorders	LECT	1	1,5
1.2	Clinical & Theoretical Principles in Psychotherapy: Method-Specific			
	Historical Development of Psychotherapy Method	SE	1	1,5
	Theory of Personality and Psychological Development	SE	1	1,5
	Psychopathology I	SE	1	1,5
1.3	Methods			
	Empirical Research Methods in Psychotherapy	LECT	1	1,5
1.4	Practice-Oriented Workshops: Method-Specific			
	Treatment Techniques I	SE	2	2
	Psychotherapeutic Diagnostics	PRS	1	1
	Therapy Planning and Structure	PRS	1	2
1.5	Personal Development: Method-Specific			
	Self-Experience – intern	MPE	2	2
	Self-Experience – extern	MPE	2	2
1.6	Praktikum and Praxis: Method-Specific			
	Praktikum	MPR		7
	Praxis – intern	PRS	3	5
	TOTAL		17	30

2. Semester (M2)

Module	Course/Lecture name	Type	Unt	ECTS
2.1	Clinical & Theoretical Principles of Psychotherapy: General			
	Neurobiology and Psychotherapy I	LECT	1	1,5
	Differential Psychopathology	LECT	1	1,5
	Psychological Disorders in the Social Context	LECT	1	1,5
	Diagnostic Coding and Classification Standards	LECT	1	1,5
2.2	Clinical & Theoretical Principles of Psychotherapy: Method-Specific			
	Psychopathology II	SE	1	1,5
2.3	Research Methods			
	Qualitative Research Methods	LECT	1	1
	Qualitative Research Methods	PS	1	2
2.4	Practice-Oriented Workshops: Method-Specific			
	Treatment Techniques II	SE	2	2
	Indication and Contraindication	PRS	1	1
	Case Presentation Methods	PRS	1	1
	Case Presentation I	PRS	1	1
2.5	Personal Development: Method-Specific			
	Self-Experience – extern	MPE	3	3
2.6	Praktikum and Praxis: Method-Specific			
	Praktikum	MPR		4
	Praxis – intern	PRS	5	5
	Praxis – extern			2,5
	TOTAL		20	30

3. Semester (M3)

Module	Course/Lecture name	Type	Unt	ECTS
3.1	Clinical & Theoretical Principles of Psychotherapy: General			
	Neurobiology and Psychotherapy II (Psychoneuroimmunology)	LECT	1	1,5
	Differential Psychopathology	LECT	2	3,5
3.2	Research Methods			
	Scientific Research Projects III	PS	1	2
3.3	Practice-Oriented Workshops			
	Treatment Techniques III - Method-Specific	SE	1	2
	Case Presentation II - Method-Specific	PRS	1	1
	Malpractice in the Psychotherapeutic Context	PS	1	1,5
3.4a	Clinical	LECT	1	1,5
3.4b	Philosophy and Social Science	LECT	1	1,5
3.5	Personal Development: Method-Specific			
	Self-Experience – extern	MPE	2	3
	Praktikum and Praxis: Method-Specific			
	Praktikum	MPR		3
	Praxis – intern	PRS		5,5
	Praxis – extern	PRS		4
	TOTAL		17	30

4. Semester (M4)

Module	Course/Lecture name	Type	Unt	ECTS
4.1	Clinical & Theoretical Principles of Psychotherapy: General			
	Psychotherapeutic Advice	LECT	1	1,5
4.2	Research Methods			
	Comparative Psychotherapy Research	LECT	2	2
4.3	Practice-Oriented Workshops: Method-Specific			
	Case Presentation Seminar for Diploma	PRS	2	3,5
4.4	Praktikum and Praxis: Method-Specific			
	Praxis – extern	PRS		4
4.5	Thesis Project			
	Master's Thesis			14
4.6	Examinations			
	Final Examinations			5
	TOTAL		5	30

KEY TO ABBREVIATIONS

ECTS	European Credit Transfer System
Unt	Units of contact, 1 Unit is 15 academic hours (45 minutes)
G	General Topic/Activity (not Method-Specific)
MS	Method-Specific Topic/Activity; must be done in student's chosen
Modality	
E	Elective
X	Examinations & Thesis
LECT	Lecture
SE	Seminar
PRS	Supervision