

Sigmund Freud University – SUMMER SCHOOL 2018

Working with the Client

As every year when it becomes summer, the Sigmund Freud University opens its doors for interested students from all over the world and presents a blend of its strength in psychotherapy science. Psychotherapy science is a worldwide unique and pioneering study programme; its curriculum is designed according to the Austrian psychotherapy law and allows graduates to work as a psychotherapist. There is a crucial difference between psychotherapy science and psychology (even with counselling psychology): Psychotherapy science is based on the first and second person approach to the human mind, as in difference to psychology that is based on the third person perspective that is said to be 'scientific'. Psychotherapy science reunites, thus, hermeneutical with clinical knowledge and lays an emphasis on self-awareness and empathy.

This characteristic of the study programme is mirrored in the courses making up the summer school that we are happy to announce. In the two weeks, four therapy schools (psychoanalysis, systemic family therapy, gestalt therapy, and cognitive behavioural therapy) will be presented, each of them one (intensive) day long: While in the morning the theoretical foundations are discussed, the afternoon shifts the focus to treatment techniques, and in the evening the participants will practice self-awareness according to these modalities. The presentation of each modality is held by an Austrian training therapist. Beside lectures on specific topics – all of them focusing on the psychotherapeutic work with clients –, the summer school participants will spend two morning sessions and one afternoon session in the Sigmund Freud University's Outpatient Clinic. There, they will observe therapy sessions in the well know setting: Therapist and client in a room and the observers in another room separated by the one-way mirror – an experience that is highly instructive, as our regular students have reported. For the last afternoon session, there will be a Modality Workshop: Psychotherapists of different psychotherapy schools will discuss their respective approach to "First interview and therapy process"; the plurality of approaches will be an eye opening experience, especially when done in mutual appreciation.

The Sigmund Freud University would be happy to welcoming you in summer 2018!

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1st week 02.07.-06.07.2018

MON	09:30-10:00	<i>Registration – coffee and cake</i>	Social Event
02.	10:00-10:15	<i>Opening words and welcome</i>	Social Event
	10:15-12:30	The History of Psychotherapy	Lecture
	12:30-14:00	<i>Lunch break</i>	-
	14:00-16:30	First Interview and Therapy Process	Lecture
	17:00-19:00	<i>Coming together – Visiting the “Schweitzer Haus”</i>	Social Event
TUE	10:00-13:00	Psychoanalysis – Core Concepts	Lecture
03.	13:00-14:30	<i>Lunch break</i>	-
	14:30-16:00	Self-Awareness (psychoanalytic)	Self-Awareness
	16:00-18:30	Psychoanalysis – Treatment Techniques	Workshop
WED	10:00-13:00	Ethics in Psychotherapy	Lecture
04.	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Observation at the SFU Outpatient Clinic	Therapy Observation
THU	10:00-13:00	Systemic Family Therapy – Core Concepts	Lecture
05.	13:00-14:30	<i>Lunch break</i>	-
	14:30-16:45	Systemic Family Therapy – Treatment Techniques	Workshop
	17:00-18:30	Self-Awareness (systemic)	Self-Awareness
FRI	10:00-13:00	Observation at the SFU Outpatient Clinic	Therapy Observation
06.	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Sexual Disorders	Lecture
SAT	<i>Free</i>		
SUN	<i>Free</i>		

2nd week 09.07.-13.07.2018

MON	09:45-10:00	<i>Registration (for Newcomers)</i>	Social event
	10:00-13:00	Gestalt Therapy – Core Concepts	Lecture
09.	13:00-14:30	<i>Lunch break</i>	-
	14:30-16:45	Gestalt Therapy – Treatment Techniques	Workshop
	17:00-18:30	Self-Awareness (gestalt)	Self-Awareness
	19:00-21:00	<i>Coming together (dinner)</i>	Social Event
TUE	10:00-13:00	Forensic Psychotherapy	Lecture
10.	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Horse-Assisted Psychotherapy	Lecture
WED	10:00-13:00	Child Psychotherapy – Theory and Concepts	Lecture
11.	13:00-14:30	<i>Lunch break</i>	-
	14:30-17:00	Child Psychotherapy – Case examples and Self-Experience	Workshop
THU	10:00-13:00	Cognitive Behavioural Therapy – Core Concepts	Lecture
12.	13:00-14:30	<i>Lunch break</i>	-
	14:30-16:45	Cognitive Behavioural Therapy – Treatment Techniques	Workshop
	17:00-18:30	Self-Awareness (cognitive-behavioural)	Self-Awareness
FRI	10:00-13:00	Observation at the SFU Outpatient Clinic!	Therapy Observation
13.	13:00-14:30	<i>Lunch break</i>	-
	14:30-18:00	Modality Workshop and Panel Discussion	Workshop
	18:00- ...	<i>Farewell Party</i>	Social Event

Prices:

One week only: € 1.000

Two weeks: € 1.800 (= € 900 p.w.)

Early birds special (booking until 31.03.2018): € 50 reduction**Sign up a friend/colleague** and receive a discount of € 50 (on the overall amount)

Included in the price:

Type	Hours (à 60 min) (1 st week 2 nd week) overall hours
Lecture	(13,5 11,5) 25
Workshop	(5,5 6,5) 12
Therapy Observation	(5,5 3) 8
Self-Awareness	(3 3) 6

The scheduled "social events" are included (eating, drinks)

NOT included: flight costs, hotel costs, lunch break costs**Accommodation help:** SFU helps you with booking the hotel; hotel price has to be paid extra.**Cancellation policy:**75% of costs are not refundable if you cancel *within two weeks before* the starting of the Summer School. If you cancel earlier, 95% will be refunded.**Registration:** Please, write an email to international@sfu.ac.atWith your registration, you will be informed about the booking modalities. We accept **25** students as a **maximum**.