

## Teaching and training aspects at the SFU Outpatient Clinic

The SFU outpatient clinic can be found at the following two locations:

- Outpatient Clinic for Adults (German and other languages) at Salztorgasse 5, 1010 Wien
- Outpatient Clinic for Children and Adolescents, in cooperation with ÖGK (Austrian Healthcare Insurance) at Faulmannngasse 4, 1040 Wien

At the SFU's outpatient clinic, registered psychotherapists and students under supervision are providing services based on different methods and in various languages.

The SFU's outpatient clinic is recognized by the Austrian Ministry of Health as an institution where students can intern/do the practicum for their propaedeutic studies (Propädeutikum) and the psychotherapeutic specialization (Fachspezifikum). Students may complete their required practicum at one of the locations of the SFU's psychotherapeutic outpatient clinic, and thus gain insights into psychotherapeutic treatment methods and make first experiences doing psychotherapeutic work.

## Mandatory training aspects at the SFU Outpatient Clinic

Even if you do not complete the practicum required for your Bachelor study program / elective at the SFU's outpatient clinic, you must still complete the following training aspects at the clinic during your studies:

### - starting with the first semester (B1):

You are obliged to observe at least 20 psychotherapeutic sessions with registered psychotherapists (initial interviews or group therapies in at least two different methods).

The list of the first interview demonstrations (group observations) at the Outpatient Clinic can be found in the current timetable. The registration procedure is also listed there. Basically, it is obligatory to register with the coordination ([koordination@sfu.ac.at](mailto:koordination@sfu.ac.at)) by mail for the respective appointments.

The therapist is obliged to discuss the therapy session with you.

### - Elective (Wahlpflichtfach):

Upon receipt of the written approval by the head of the respective elective, you may start treating patients under supervision independently.

At the beginning of your work as a therapist under supervision, you have to complete an organizational training with Dr. Lisa Winter. Before this can be arranged, the confirmation of obtaining the status as well as the confirmation of the baccalaureate degree must be sent to [lisa.winterc@sfu.ac.at](mailto:lisa.winterc@sfu.ac.at). After that, a practical training takes place, which is done by the research coordination ([forschung.salztorgasse@sfu.ac.at](mailto:forschung.salztorgasse@sfu.ac.at)).

The therapy rooms of the SFU Outpatient Clinic can be used indefinitely during the opening hours, depending on your own discretion as well as availability.

You are required to complete at least 100 hours at the outpatient clinic (after finishing your Bachelor studies - and earning the status “psychotherapist in training under the supervision” of your methodological training association - you may open your own private practice).

As long as you are working at one of the outpatient clinic’s locations, participating in the clinic’s meetings is mandatory.

If you want to work with children and adolescents, you must first work with adults for 100 hours and then complete the SFU's children and adolescents training course. After completing certain elements of the course, you may already start with the mandatory practice hours at one of the SFU's outpatient clinics for children and adolescents.

## **Voluntary internship / practicum at the SFU Outpatient Clinic**

### **1. Practicum in the frame of the Bachelor’s studies, respectively propaedeutic studies:**

You may start interning / doing the practicum for the propaedeutic studies as an assistant at the outpatient clinic already in the first semester (B1).

An assistant working at the clinic has the following tasks:

- initial contact with patients via telephone and in person,
- administrating rooms and patients,
- coordinating psychotherapists and students under supervision,
- participating in the clinic’s meetings and team meetings,
- observing therapy sessions,
- collecting and evaluating tests and questionnaires,
- working on files and therapy contributions, and
- dealing with university research funds.

Required skills: basic knowledge MS-Word, MS-Outlook and MS-Excel

If you are interested, please contact the coordinator of the respective location indicated below.

Note that you are obliged to work at least 200 hours and participate in the clinic's meetings.

## **2. Practicum in the frame of the elective, respectively the psychotherapeutic specialization:**

The practicum in the frame of the psychotherapeutic specialization, respectively the elective (after admission to the elective, from B5 onwards) includes participating in the clinic's meetings, coordinating and leading support groups, doing co-therapies, as well as participating in research projects.

### **Team Salztorgasse:**

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### **Team Faulmannngasse:**

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